

189th Airlift Wing WARRIOR



Vol. 14 No. 10

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Arkansas Air National Guard

Little Rock Air Force Base, Ark.

New Public Website

The new 189th Airlift Wing public website is now live! See page 4 for more information.

RAT Corner

See page 8 for monthly information on RAT rotations and seasonal weather alerts.

Features

See pages 6 and 7 for our monthly features section. This month we covered two Veteran's Day events held in Little Rock.

OPSEC Practices

For more information on how to protect yourself and your family see page 8.

CUI Countdown

Only two weeks left until the upcoming Consolidated Unit Inspection (CUI) occurring 5-11 December.



Honoring our RF-101C veterans

By Senior Airman Ian Caple
189th Airlift Wing Public Affairs

Little Rock Air Force Base, Ark. – Over 20 retired airmen who flew and maintained the RF-101 Voodoo aircraft attended a dedication ceremony on Oct. 31, 2012 at Little Rock Air Force Base's Heritage Park. The Air National Guard aircraft display was recently moved from the 189th Airlift Wing campus to the LRAFB Heritage Park in August.

A dedication ceremony was the perfect way to honor some of the 189th's veterans and hear their stories.

"I want to thank you for being part of the rich heritage of the Arkansas Air National Guard," said Col. Steve Eggenesperger, 189th Airlift Wing commander. "I speak for the current members when I say that we are very proud of our heritage. I know that it is your service and sacrifice in the earlier days that have laid the foundation for the 189th becoming what it is."

Col. Steve Eggenesperger, 189th Airlift Wing commander, Chief Master Sgt. retired and fourth Command Chief Master Sergeant to the Director of the Air National Guard Richard Green and Brig. Gen. retired and former Commander of the Arkansas Air National Guard and the 189th Airlift Wing Gaylen Bryant unveiled a new plaque following the ceremony and were guest speakers for the



Air National Guard Photo by Master Sgt. Dianna Seerey

Retired maintainers and pilots that flew and worked on the RF-101 stand in front of the recently moved static display at the Little Rock Air Force Base Heritage Air Park on Oct. 31, 2012. Over 20 of the aircrew attended the ceremony and luncheon held at the air park and 189th Airlift Wing Operations Group.

event.

"Today we dedicate this aircraft in memory of all veterans, but in particular those Arkansas Air National Guardsmen who stood ready to 'Guard America and Defend Freedom,'" said narrator, Master Sgt. Steve Wilson. "For their service and sacrifice, we are eternally grateful."

Those attending took a moment of silence for Lt. Col. Bobby Hall, Maj. Hank Ebbing and 2nd Lt. Don Clark, three Arkansas Air National Guardsmen who made the ultimate sacrifice while operating the RF-101.

The RF-101 was delivered to the United States Air Force on July 10, 1958 and was assigned to Tactical Reconnaissance wings and groups in France,

England, and South Carolina before being assigned to the 188th Tactical Reconnaissance Group, Arkansas Air National Guard, Fort Smith Municipal Airport, in October 1970.

In October 1972 the aircraft was assigned to the 189th Tactical Reconnaissance Group, Arkansas Air National Guard, Little Rock Air Force Base. The 189th used the aircraft to maintain a mission ready force. A typical sortie included aerial refueling, low level and photographing simulated enemy targets.

"The 101 was a great airplane to fly," said Gen. retired Bobby Britain. "Our flights were usually short and consisted of taking photos on film of different locations. We



2F 101: The key to holiday happiness

By Maj. Joshua M. Fulcher
154th Training Squadron

Well, it's that time of year again—can you believe it's already here??—and the holidays are upon us. We are all making plans for the host of activities and travel that come along with the season. But along with those plans, travel, and fun come some dangers that we should all take a moment to consider.

From the Thanksgiving holiday through the middle of January, the two words that best describe the vast majority of the injuries (and deaths) that occur are the “2 F’s”: “Falls” and “Fire.”

Falls. There is an old saying among rock climbers, “the law of gravity is strictly enforced.” Knowing that o-so-simple law, climbers go at their hobby well prepared. Ropes, harnesses, safety observers, etc..., are employed liberally during any climbing evolution. But, how many home handy men think

past the joyous pride they'll feel as envious passers by gawk at the Edison inspired holiday light show they have attached to their once humble abode? (I'll pick on men in this due to the fact that statistically, we men are VASTLY more likely to fall from a ladder or roof during holiday decorating). We will often find ourselves hanging in a precarious position, some 20 or 30 feet above terra firma (and I do mean FIRM!), working with Clark Griswald-*esk* diligence to make our homes visible from over the horizon. But do we stop and take a moment to plan what we're placing our ladder on, what's below and above it (deaths from ladders coming into contact with power lines occur every year around the holiday season), or how well our ladder is stabilized? Statistics tell us a resounding “NO!” On average, about 5,800 people – two to three every hour – (Source: CDC Fall-Related Injuries During the Holiday Season (2004) –



Maj. Joshua Fulcher

make the ride of shame to the emergency room each year to have arms, legs, or noggins splinted or surgically repaired due to not thinking through the strategic placement of a ladder while hanging holiday decorations.

Prevention and safety when working on a ladder is very simple. The most effective prevention: have a buddy help you out. (Well, the ultimate prevention is abstinence from hanging holiday flare more than 3 ft above the ground, but we

SEE HAPPINESS PAGE 3

Aviate, navigate and communicate

By Chaplain Ron Pierce
189th Airlift Wing Chaplain's Office

Aviate, Navigate, Communicate! These words are drilled into pilots as they train. While these words hold true during an entire flight, they are especially imperative during a crisis. First you have to fly the plane and keep it safe, then figure out where the plane is heading and finally, talk to external controllers. These three pieces of advice have served many pilots well throughout their careers. It seems to me that these three

nuggets can also apply to all of life.

First, it is important to fly the plane and keep it safe - aviate. In life, this would mean taking the high road and living in accordance with sound principles for health and happiness. Treat others the way you would want to be treated. Go the extra mile for people when you can. Respect others and their property. This doesn't mean that bad things won't happen but it does mean that we are doing everything in our control to be a positive influence in life and we will be

in the best position to handle the difficulties when they come our way.

Second, we need to navigate. We need a plan. In life, this is very important. Imagine that you are flying a plane (aviating) but you never come up with a plan on where to go or where to land. That would be asking for a lot of trouble – sooner or later! Plan your career and your finances. Plan short term and long term. No, we don't have to and can't plan every little detail, but we can make major

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**HAPPINESS**

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all know that's NOT going to happen!) So, grab your buddy, brother-in-law, neighbor, spouse, offspring, or whoever, and have them hold your ladder and help you maneuver through your decoration evolution. Be like a good rock climber and don't thumb your nose at the law of gravity... it is strictly enforced and there is harsh punishment for disobedience.

Next we visit fire. Fire is your friend... until it gets away from you. A huge number of house fires occur every year around the holidays.

If one takes a frozen object that is made mostly of water... say, a Butterball Turkey. And puts said frozen object in very hot environment, say, a stainless steel pot full of 450 degree peanut oil, the frozen water that comprises the majority of said turkey rapidly expands as its temperature rapidly exceeds the boiling point. Since the stainless steel container is fixed in its size and very strong, the rapidly expanding water, and oil that does not mix with it, must go somewhere. The water vaporizes almost instantaneously, displaces the oil so rapidly that it too partially vaporizes. This flammable,

vaporized mess spills over the top and onto the side of the container, straight to the open flame below. Be unfortunate enough to have said situation occur inside, or next to your humble abode? Well, there is one, very appropriate word to describe what happens next: INFERNO. (If you'd like to witness a fine example of this scientific principle, fire up Youtube (pun intended) and search for: "Why you should NEVER fry a frozen turkey.")

All kidding aside, the above situation happens more than 250 times every year. Don't let one of the most delicious, and artery hardening delights you could ever put in your mouth become the reason Allstate (Mayhem is freezing the turkey and boiling the oil as I type) has to write you a check to try and replace what you've worked for your whole life. Thaw the turkey, keep it dry, move the pot away from the house, and keep the Halon close by.

Christmas is not without its fiery dangers as well. Two that lead the way: Christmas trees and candles. A yummy smelling Yankee Candle placed too close to a dry Christmas tree will give you a far more poignant and memorable smell to remember. "Charred Drywall" and "Melted Carpet"

are not high on the Yankee list of popular olfactory delights. Yet, way too many people have smelled just that due to placing a candle too close to a dried out cedar tree that is covered in wood ornaments, thin plastic tinsel strips, and rubber coated electrical cords. One would think it's painfully obvious to not mix open flame with a dry, decorated tree, yet looking at the stats below, one sees that it is all too common an occurrence.

The numbers are a bit sobering:

Each year, fires occurring during the holiday season claim the lives of more than 400 Americans, injure 1,650 more, and cause more than \$990 million in damage. (Source: USFA December and Holiday Fires, 2006)

Candle-related fires are one of the most common holiday home hazards, averaging more than 15,000 each year, resulting in 166 deaths, nearly 13,000 injuries and \$450 million in direct property damage. (Source: NFPA, June 2010)

Christmas trees, both natural and artificial, were the item first ignited in an estimated average of 250 reported home structure fires per year during 2003-2007. These fires caused an estimated average of 14 civilian

deaths, 26 civilian injuries and \$13.8 million in direct property damage per year. (Source: NFPA Home Christmas Tree and Holiday Light Fires, 2009)

Other sources of ignition are common during the holidays. Overloaded electrical outlets, fireplaces, back yard bonfires, or fireworks on New Year's Eve. All, if not contained and respected, can bring one's holiday season to a sobering and tragic end. Bottom line is to be judicious with fire. Think about what is flammable, where you place ignition sources, and how you will deal with a fire if it gets out of hand.

The holidays are a fantastic time of year. Don't let carelessness lead to a disaster. Enjoy time with your family, the parties, and the festivities that make up the season. One quick reminder of the third, underlying, "F" that is, more often than not, involved in of the above discussion: Fermentables. The harsh reality is alcohol contributes greatly to all the above situations and many others—like consuming fermentables before, or while, driving your Ford. Think before you drink and as the Air Force always reminds you, HAVE A PLAN!

VOODOO

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had a hard time fitting into the traffic pattern sometimes because the C-130s were going a lot slower."

The aircraft was also used to provide weather reconnaissance. In January 1976 the aircraft was dropped from the United States Air Force's inventory and transferred to museum status as a static display on the 189th campus. Airmen from the

189th Operations Group and the 189th Maintenance Group refurbished the aircraft with the current paint scheme in 2007. In August 2012 Airmen from Team Little Rock moved the aircraft to its current location in Heritage Park.

The majority of those who worked with the plane felt that their lives slowed down as the aircraft did. The KC-135 followed the RF-101 at Little Rock Air Force Base. This large aerial refueling aircraft had four of the same engines

that the RF-101 did, was much louder and moved half as fast. Most moved onto the C-130, losing half of their airspeed and sound for the last time.

"Every time I converted airplanes, my wife said that I slowed down half my airspeed and I guess that's true," said Brig. Gen. retired Bobby Britain. "My last plane was an HH60, which was a helicopter so I learned to hover in my last assignment."

The camaraderie that the RF-101 aircrew shares is priceless.

Pilots and maintainers both were laughing and sharing memories throughout the day. They all still keep in touch and most live in Arkansas.

"I feel really blessed to be a member of the Air National Guard and to fly this airplane. It was a wonderful aircraft to fly," Brig. Gen. Bryant said. "Sometimes you don't realize how much these people mean to you until you get older and start looking back."



Warrior of the month

Rank and Name: SMSgt. Redo C. Reed
Unit: 189th Force Support Squadron
Job Title: Base Services Specialist
Status: Air Guard Reserve (AGR)
Hometown: Crossett, Arkansas
Family: Wife and two children
Why I joined the Guard: To see what the military was about
Most rewarding part of my job: Helping people
Hobbies: Exercising
My favorite movie is: Predator
My favorite TV Show(s): ESPN
My favorite book: Facing Your Giants
A perfect day would be: Any day
I admire: People who maintain their faith in God
Something no one knows about me: I try to see the best in everyone.



Photo by Senior Airman Class Ian Caple

If you have someone in mind that you would like to nominate for Warrior of the Month contact Public Affairs at 987-6232 or 987-6068 or send an email to christopher.nelson.4@ang.af.mil.

The new 189th Airlift Wing public website is now live! Visit www.189aw.ang.af.mil for news, newsletters, photos, videos and more.



AVIATE

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strides in being proactive about where our lives are heading and how to prepare for what may come down the road. Just like in nature (food is stored up for winter), we also should be planning for our future – kids in college, an unforeseen emergency, retirement, etc. We should also be planning how

we will raise our kids or how we will protect our marriages. Relationships are so important – too important to just “wing it.” Plan your work and work your plan.

Lastly, we need to communicate. It is always a good idea to involve others. In flight, it can be the difference between life and death! In life, it can be the difference

between success and failure. We need others – all of us – no exceptions! We need to lean on the wisdom of those who have gone before us. We need to reach out to others in our time of need. We need to rally the troops when we are going through an emergency or a tough time. We also need to be there for others when they reach out to us. I can think back to many

times in my life where I needed advice or even just a shoulder to lean on. Communicate – it is an essential element of the human condition. Pilots who want to go it alone are asking for trouble – so are we when we try to go through life without communicating with others.

Aviate, navigate, communicate – three great directives for flying...and life!



More than 7,400 National Guard members respond to Hurricane Sandy

By Army Sgt. 1st Class Jim Greenhill

National Guard Bureau

ARLINGTON, Va. -- More than 7,400 Citizen-Soldiers and -Airmen were mobilized in 11 states to respond to Hurricane Sandy on Oct. 30 by 4:30 a.m. and more were on the way.

National Guard assistance to local first responders and the Federal Emergency Management Agency included support at evacuation shelters, route clearance, search and rescue and delivery of essential equipment and supplies.

The focus of National Guard missions was quickly shifting to recovery in the aftermath of the storm.

The governors of 12 states and the mayor of the District of Columbia had declared a state of emergency because of the storm, now downgraded to a post-tropical cyclone even as it made its way further inland and continued to wreak havoc: Connecticut, Delaware, Maryland, Massachusetts, New Hampshire, New Jersey, New York, North Carolina, Pennsylvania, Rhode Island, Vermont and Virginia.

Guard members were assembling and staging in Connecticut, Delaware, Maryland, Massachusetts, New Hampshire, New York, North Carolina, Rhode Island and Virginia, according to the National Guard Coordination Center, which monitors the response spearheaded by the states.

In Connecticut, Guard members were responding to evacuation security support and high-wheeled search and rescue missions. High-wheeled vehicles were supporting civilian authorities in Maryland.

In Massachusetts, a National Guard Civil Support Team was on stand-by for a possible hazardous materials response. In New Jersey, Guard members were assisting state police. In New York and Pennsylvania, they were assisting state emergency managers. In Virginia, Citizen-Soldiers and -Airmen were assisting with debris removal.

Each affected state was monitoring, assessing and responding as needed, and National Guard Bureau officials were monitoring and coordinating from the federal level.

Army Gen. Frank Grass, the chief of the National Guard Bureau, briefed President Barack Obama on the National Guard response in support of state, local and federal agencies as part of a FEMA briefing on Sunday.

On Monday, Grass was in dawn-to-dusk meetings with senior National Guard leaders, FEMA officials, the adjutants general and the secretary of defense, among others, to monitor and respond to the storm that has affected millions of Americans. That all-out effort was continuing this morning.

"We had to be ready to respond big and fast - so the National Guard ramped up in multiple states this weekend preparing to support local, state and federal civilian authorities," Grass said. "We are part of a whole-of-government response to support state, local and federal agencies tackling the effects of this storm."

National Guard officials were ready for the possibility of state requests for mutual aid. Emergency Management Assistance Compacts - ratified

by Congress and law in all 50 states, the District of Columbia, Puerto Rico, Guam, and the U.S. Virgin Islands - allow states to provide mutual aid if needed.

"Additional Army Guard forces, from outside the immediate hurricane affected states, are prepared to meet gaps in essential functions, if requested," said Army Lt Gen William E. Ingram, Jr., director of the Army National Guard.

"Through mutual assistance agreements, Army National Guard ground and aviation task forces, from neighboring FEMA region states, are ready to meet gaps in mission command, medical, communications, logistics, transportation, engineering, civil support, maintenance, security and aviation," he said.

In just one example of states helping states, Wisconsin Gov. Scott Walker said the Wisconsin National Guard stands ready to assist civilian authorities supporting Hurricane Sandy relief efforts in the impacted regions.

"Wisconsin's outstanding National Guard is ready to help those affected by Hurricane Sandy," Walker said. "As our nation braces for this massive storm, Wisconsin is hoping for the best, but preparing for the worst. If resources are needed, Wisconsin stands ready to deploy the National Guard for assistance."

Some help was coming from the opposite side of the country: A Nevada National Guard 152nd Airlift Wing C-130 Hercules military transport aircraft and crew departed Monday for Moffett Field, Calif. to pick up a rescue boat, truck and several Guardian Angel Pararescue Airmen from

the 129th Rescue Wing of the California Air National Guard.

The aircraft and load were scheduled to depart the airfield near Sunnyvale, Calif., later Monday for Charlotte, N.C., to assist with relief efforts. The 152nd, called to duty by the Air National Guard Readiness Center Crisis Action Team, was expected to arrive in North Carolina late Monday.

The National Guard Bureau is monitoring the situation closely and coordinating with state, federal and local partners to ensure a coordinated and efficient response, Guard officials said. The National Guard - the nation's first military responder - supports the FEMA response and that of U.S. Northern Command, among other agencies.

More than 85,000 National Guard members are available to assist civilian authorities in potentially affected states in support of relief efforts. Available National Guard resources include almost 140 rotary-winged aircraft to perform search and rescue, reconnaissance and personnel or cargo-carrying missions.

Critical equipment available from the National Guard also includes 75 zodiac boats, 3,125 high-water vehicles, 43 Reverse Osmosis Water Purification Units, 3,535 generators and 726 debris-clearance vehicles.

A state of emergency typically mobilizes resources to local governments that otherwise are restricted to state use only and suspends regulations that would impede rapid response. It also empowers emergency managers to use all available resources and personnel as deemed necessary.



- DOUBLE FEATURE - Veteran's Day at Parkway Village



The Little Rock Central High color guard posts the colors during the Veteran's Day Celebration held at Parkway Village independent living in Little Rock on Nov. 12, 2012.



Lt. Col. Dominic Sarnataro, 189th Mission Support commander, speaks to a group of lively veteran's at Parkway Village independent living during the Veteran's Day Celebration in Little Rock on Nov. 12, 2012.



A veteran reads an event program and holds an American flag during the Veteran's Day Celebration held at Parkway Village Retirement Home on Nov. 12, 2012.



Lt. Col. Dominic Sarnataro speaks to veteran's after his speech at Parkway Village independent living during the Veteran's Day Celebration held there on Nov. 12, 2012.

Air National Guard photos by Senior Airman Ian Caple



Veteran's Day at The Capitol



Governor Mike Beebe speaks during the Veterans Day Ceremony at the Arkansas State Capitol with (l to r) Col. Harold S. Eggenesperger, 189th Airlift Wing commander, Col. Edward S. Brewer, 314AW commander, Col. Brian S. Robinson, 19AW commander, Maj. Gen. William D. Wofford, The Adjutant General of the Arkansas National Guard, and Mr. Tom Cotton, Arkansas Congressman-elect in attendance. The Prisoner of War/Missing In Action flag draped with a rose in remembrance of our POW/MIA veterans.



Attending the Veterans Day Ceremony at the Arkansas State Capitol are (l to r) Col. Harold S. Eggenesperger, 189th Airlift Wing commander, Col. Edward S. Brewer, 314AW commander, Col. Brian S. Robinson, 19AW commander, Maj. Gen. William D. Wofford, The Adjutant General of the Arkansas National Guard, Mr. Tom Cotton, Arkansas Congressman-elect.



Honor Guard from the 19th Airlift Wing, Little Rock Air Force Base, present the colors during the Veterans Day Ceremony at the Arkansas State Capitol with Governor Mike Beebe presiding.



Veterans Day in the Arkansas State Capitol rotunda observed by Governor Mike Beebe, (l to r) Col. Harold S. Eggenesperger, 189th Airlift Wing commander, Col. Edward S. Brewer, 314AW commander, Col. Brian S. Robinson, 19AW commander, Maj. Gen. William D. Wofford, The Adjutant General of the Arkansas National Guard, and Mr. Tom Cotton, Arkansas Congressman-elect. Veterans from around the state honor their fellow veterans during the ceremony.

Air National Guard photos by Master Sgt. Dianna Seerey



50% more cash?

Capital One credit card offers 50% more cash. Man that sounds great! What if I said there was a way to get 100% cash? Now you're talking!

What are you throwing away at home? Credit card statements, medical bills, credit cards, etc? Is your social media locked down and secured? What about Facebook Friends of friends? All I need is a little of information that is critical to you and an internet search engine and I could possibly make a 100% more cash for me...thanks to you.

Guardsmen are encouraged to take home OPSEC practices we perform at the Guard. Shred, destroy, or protect paper that could be used against you by an adversary. With a little savvy and critical thinking from an adversarial perspective, you can protect yourself and especially the family.

Please do your due diligence when using social media, be careful what you post. After all, it is there permanently. There are a lot of references online how to secure social media, please lock it down.

Keep 100% of your cash, practice good OPSEC at work and home. If you have any questions regarding OPSEC, please feel free to give me a call at 501-987-7501.

Lt. Col. Scott Dillman, 189AW OPSEC Program Manager.

Promotions



To Senior Master Sergeant
Brian Rohauer, 189 OG



To Master Sergeant
Carla Harkness, 189 MDG
Robert W. Coors, 189 SFS
Michelle L. Miller, 189 AW
Zachary A. Gardner, 123 IS
Russell Mears, 189 SFS
Brian Mortier, 189 AW
Jerry Parsons, 189 MXS



To Technical Sergeant
Katherine Watson, 189 FSS
Jeffrey D. Browning, 189 MXS



To Senior Airman
Travis Pearce, 123 IS
John D. Flanery, 189 LRS
Cameron L. Kohler, 189 CES
Keith W. Didrinksen, 189 CS

Retirements

Technical Sgt. James Holes, 189 MXS, 15 Nov. 2012

PME Graduations

Squadron Office School

Capt. Rex Starr, 154 TRS

Capt. Seth Connell, 154 TRS

Senior Non-Commissioned Officer Academy

Master Sgt. Douglas Tillery, 189 AMXS

Non-Commissioned Officer Academy

Technical Sgt. Herbert Bates, 189 CES

Technical Sgt. Eric Miles, 189 LRS

Technical Sgt. Thomas Ray, 189 AMXS

Technical Sgt. Frezzell Magee, 189 SFS



Scan me with your smart phone to visit the 189th Facebook page! Download "Scanlife Barcode Reader" from the Android or Apple App Store to scan.

The RAT Corner

Welcome to the following new member of the Rapid Augmentation Teams!
-Maj. Clinton Carpenter

If your team is in the bucket, please make sure that you are personally ready to respond at a moment's notice and remember to inform your team OIC/NCOIC if you are going to be unavailable at any point during your bucket timeframe due to vacation, school, TDY, etc.

RAT ROTATION SCHEDULE:

Team A: "In the bucket" November 01, 2012 - January 31, 2013
Team B: "In the bucket" February 01, 2013 - April 30, 2013
Team C: "In the bucket" May 01, 2013 - July 31, 2013

CONTACT INFO:

If you have any questions or would like to join a team, please contact Capt. Chris Wald at 501-987-6897 or CMSgt. Ken Fisher at 501-987-7978