

189th Airlift Wing WARRIOR



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December 2012

Arkansas Air National Guard

Little Rock Air Force Base, Ark.

New Public Website

The new 189th Airlift Wing public website is now live! See page 4 for more information.

189th RAT helps during snow storm

See pages 6 and 7 for photos of our 189th Airmen clearing the roads in Garland County during the 2012 snow storm.

RAT Corner

See page 8 for monthly information on RAT rotations and seasonal weather alerts.

OPSEC Practices

For more information on how to protect yourself and your family from fraud and identity theft see pages 3 and 8.

New Director, Air National Guard

See page 4 for more information on the Air National Guard's new director.



189th receives an excellent in all they do



Air National Guard Photo by Master Sgt. Dianna Seerey

A marquee at Little Rock Air Force base congratulates the 189th Airlift Wing on it's overall 'excellent' grade that was recieved after a Combined Unit Inspection held last week.

By Senior Airman Ian Caple 189th Airlift Wing Public Affairs

The 189th Airlift Wing of the Arkansas Air National Guard announced on Dec. 11 that it had completed a week-long compliance inspection here by representatives from the Air Force's Air Education and Training Command and the Air National Guard Logistics Compliance Assessment Team.

The inspection, which is a periodic review of unit's compliance with processes, procedures and regulations in their day to day operations, resulted in inspectors grading the 189th as "Excellent" with Air Force requirements.

"The 189th's rating of excellent should reinforce to

the citizens of Arkansas that the Arkansas Air National Guard is a highly effective, nimble and fiscally responsible organization," said Col. Steve Eggensperger, commander, 189th Airlift Wing. "I'm very proud of our airmen."

The 80-member team of inspectors from units throughout the Air Education and Training Command units reviewed over a checklist of several thousand items involving every major office and shop within the wing.

Col. Ken Frollini, leader of the inspection team said, "The men and women of the 189th have set the bar high with every group exceeding the standard and achieving an excellent rating."

The 189th Airlift Wing is an Air Education and Training Command gained Formal Training Unit (FTU) charged with the mission to effectively train and qualify C-130 aircrew members in all crew positions, to perform combat airlift operations. In addition to the training mission, the wing maintains a deployment readiness posture which includes 401 personnel identified for worldwide deployment to perform expeditionary combat support missions.

The 189th trained over 300 students during 2012 for initial, mission qualification and instructor qualifications on the C-130 crew positions.



Congratulations! You are excellent!

By Col. Steve Eggensperger
189th Airlift Wing commander

Congratulations! You are excellent!

The 189th Airlift Wing received an overall “Excellent” grade from the Air Education and Training Command Inspector General (IG) team with two sub area grades of “Outstanding”.

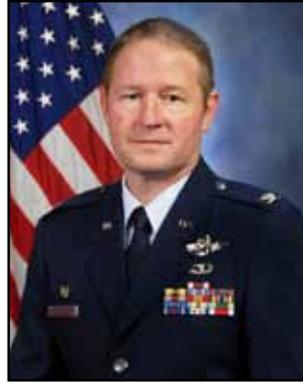
That is great news and serves to validate our personnel, programs, processes, and our culture of excellence.

In addition to the myriad of areas graded by the IG Team, our medical group received a Health Services Inspection from the Air Force Inspection Agency and our logistics and maintenance functions received an evaluation from an Air National Guard team in the form of a Logistics Compliance Assessment Program Inspection.

The overall grade for all

of these inspections was “Excellent”! I’d also like to highlight the fact that we received a sub area grade of “Outstanding” on the “standards” area of the report. This grading area reflects our adherence to standards of uniform wear and observance of military customs and courtesies (saluting, etc.). It is extremely unusual for the IG team to visit a wing for a week and document no deficiencies in this area. I’m proud to say that the 189th had zero documented deficiencies in “standards”. This reflects our professional culture and shows that we set a great example for our students and the rest of Team Little Rock.

These inspections culminate months of hard work and focused preparation by all the members of this wing. As we look forward to 2013 we thankfully see fewer inspections on the horizon. We need to continue our focus on doing



Col. Steve Eggensperger

our daily business of student training and maintaining deployment readiness--all in a compliant, safe and fiscally responsible manner. This is an exciting time to be in the Arkansas Air National Guard and I want to congratulate you all on the superior team performance that we all just witnessed.

I’m proud of each and every member of this wing and I’m happy to say -- ”That’s my team!”

Forget the things that will never happen

By Chaplain Stephen Rogers
189th Airlift Wing Chaplain’s Office

An average person’s anxiety is focused on:

40% -- Things that will never happen.

30% -- Things about the past that cannot be changed.

12% -- Things about criticism by others, mostly

untrue.

10% -- About health, which gets worse with stress.

8% -- About real problems that will be faced.

We need to quit worrying about the 92% that will never happen, has already happened, mostly untrue things or our health that will only get worse with worrying and stress. We

should all begin the year being positive and dealing with the things that we have some control over and not worry about the things out of our control. Life will be much better if we ask God for wisdom, work hard to do our very best and quit worrying about things that we cannot change.

The 189th Airlift Wing mission:

Provide C-130 aircrew training to effectively airlift cargo and personnel supporting national and state objectives, and to develop, maintain, and refine wartime skills to serve, sustain, and support military and civil authorities during disasters or other emergencies.

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189th Airlift Wing commander

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Want to receive the newsletter via e-mail? Call or e-mail public affairs to be added to the list.



www.facebook.com/189AW



Consumer protection: know your enemies

By Maj. Jeremy Lasiter
189th Judge Advocate General

Scam artists continue to operate in our society and constantly seek new ways to refine their craft. According to the Bureau of Justice Statistics, between 2005 and 2010, approximately 8.6 million households in the United States were victims of identity theft. Remarkably, instances of identity theft constitute only the tip of iceberg when it comes to the myriad of consumer protection issues and scams aimed at Americans.

Americans also face an onslaught of other dubious practices including unlawful debt collection efforts, shop-at-home and catalog schemes, and shady prize, sweepstakes and lottery offers. In 2011 alone,

the Federal Trade Commission received over 1.8 million consumer complaints.

The newly-formed Consumer Financial Protection Bureau (CFPB) began accepting consumer complaints in July 2011. By July 2012, CFPB received over 45,000 complaints related to such topics as credit cards, mortgages, bank products and services and private student loans.

Fortunately, scam artists do not have to operate unchecked. Arming yourself with up-to-date information can help you avoid the pitfalls associated with identity theft, scams and other consumer protection issues.

The Federal Trade Commission (FTC) maintains

an excellent website with plenty of educational resources (<http://www.ftc.gov>). The FTC website allows consumers to register to receive regular e-mail alerts concerning consumer protection issues and enforcement (<https://www.ftc.gov/opa/subscribe.shtm>).

The CFPB was formed in 2011. According to the CFPB website, its central mission is “to make markets for consumer financial products and services work for Americans – whether they are applying for a mortgage, choosing among credit cards, or using any number of other consumer financial products.” Like the FTC, the CFPB offers an e-mail update service to allow citizens to receive up-to-date information concerning the bureau’s activities ([\[www.consumerfinance.gov/\]\(http://www.consumerfinance.gov/\)\).](http://</p></div>
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Finally, the Arkansas Attorney General’s Office maintains constant watch over scams that specifically target Arkansas residents. The office maintains a consumer alert service, allowing citizens to register to receive instant e-mail alerts about scams in Arkansas (http://www.ag.arkansas.gov/consumers_consumer_alerts.html).

Unfortunately, information alone does not provide iron-clad protection against identity theft and scams. However, as with any military endeavor, knowing your enemies – in this case, the scam artists – can help you establish the best possible defense against their various schemes.

The 189th Airlift Wing welcomes our new judge advocate, 1st Lt. Daryl Taylor



Brig. Gen. Travis D. Balch, commander, Arkansas Air National Guard gives his coin to 1st Lt. Daryl Taylor, assistant city attorney, city of Pine Bluff, after swearing her into the 189th Airlift Wing, Arkansas Air National Guard. Lt. Taylor will be a judge advocate for the 189th.

IT IS OK TO ASK FOR HELP



LOCAL CONTACT

Nancy Kozlowski, Wing Director of Psychological Health,
501-987-9752

NATIONAL HOTLINES

Military One Source, 1-800-342-9647
National Suicide Prevention Lifeline, 1-800-273-TALK(8255)
National Hopeline Network, 1-800-784-2433



Lt. Gen. Clarke confirmed as Director, Air National Guard

By National Guard Bureau Public Affairs and Strategic Communications

ARLINGTON, Va. -- Lt. Gen. Stanley E. "Sid" Clarke III, commander of the Continental U.S. North American Aerospace Defense Command Region and 1st Air Force, has been confirmed by the Senate to be the next director of the Air National Guard.

Clarke will replace Lt. Gen. Harry "Bud" Wyatt, who is retiring this month. Wyatt has led the Air National Guard since February 2009.

Clarke said he is eager to take charge of an organization that comprises 106,000 people.

"I look forward to the opportunity to lead the best Air National Guard in our nation's history," he said. "The Air National Guard, and the 106,000 men and women who make it work, has served our nation and our communities

with great distinction in combat and during numerous domestic crises."

Wyatt, who intends to retire to his home in Oklahoma, said Clarke is the right person, at the right time.

"Sid has served here at the Pentagon and has a wealth of command and staff experience," Wyatt observed. "He will help shape and guide the Air Guard as we forge ahead to the future."

As Air Guard Director, Clarke will be responsible for formulating, developing and coordinating all policies, plans and programs affecting more than 106,000 Air Guard members in more than 88 flying wings and 200 geographically separated units throughout the United States, the District of Columbia, Puerto Rico, Guam and the Virgin Islands. v

Clarke is no stranger to key leadership positions. He has

served as the Deputy Director of the Air National Guard and as the Assistant Adjutant General for Air for the Alabama Air National Guard. At 1st Air Force, he commanded four direct reporting units, 10 aligned Air National Guard units, and a large number of active air defense alert sites -- including aircraft, air defense artillery, and up to 15,000 active duty, National Guard, Air Force Reserve and civilian personnel.

Clarke is a command pilot with more than 4,000 flight hours, including more than 100 in combat, in the T-38, C-26, A-10 and F-16. Prior to his NORAD assignment, Clarke served as the Senior Defense Official and Defense Attaché in Turkey. The general



was commissioned in 1981 as a distinguished graduate of the ROTC program at the University of Georgia. He has served in various operational and staff assignments including duty as an A-10 and F-16 instructor pilot. He also has commanded a squadron, fighter wing and air expeditionary wing.



The new 189th Airlift Wing public website is now live!

Visit www.189aw.ang.af.mil for news, newsletters, photos, videos and more.

New DOD Safe Helpline Mobile App Now Available

The Department of Defense announced its new DoD Safe Helpline Mobile Application. With this new app, service members transitioning to civilian life will have access to critical resources that assists in managing the short and long-term effects of sexual assault.

This new app is the latest in a string of technological innovations designed to support sexual assault victims in the military. The app contains the option for users to record their current emotional state and create tailored self-care plans to address sadness, hopelessness and disconnection. These self-care plans include suggested resources and exercises, and can be stored for future reference. This includes a list of breathing, stretching and visualization techniques that can reduce anxiety, depression and symptoms of post-traumatic stress.



189th RAT clears Garland County roads after snow storm

By Lt. Col. Keith Moore
Arkansas National Guard PA

A team of six Airmen with from the 189th Airlift Wing hit the ground here early this morning armed with chainsaws in order to assist in clearing the Garland County roads of trees downed by the snow storm that came on Dec. 25, 2012.

The Airmen, Master Sgt. JD Crawford, Master Sgt. Glenn Bates, Master Sgt. Dan

Anderson, Master Sgt. Bryon Gullet, SrA Michael Vaughn and SrA Don Brooks, are members of the Guard's 189th Rapid Augmentation Team, which calls Little Rock Air Force Base it's home. The team made the treacherous drive from Little Rock, a mere two hours after receiving the initial call for support. The team worked for two days until roads were cleared.

The mission is one of several for the Guard, the first of which began in Pulaski and Faulkner Counties.

The Guard's 213th Area Support Medical Company of the 87th Troop Command and the 39th Infantry Brigade Combat Team's 2nd Battalion continue to provide four-wheel-drive-ambulance support to the Metropolitan Emergency Medical Services

(MEMS) in Conway, Little Rock and Jacksonville. The units supported the missions with a total of seven military ambulances and 14 personnel.

The 39th Brigade also supported Pulaski County with two 30 kw generators, while the Camp Robinson based 77th Theater Aviation Brigade responded to a separate generator support request from Hempstead County.

Obama signs \$633 billion Defense Authorization Act

By Jim Garamone
American Forces Press Service

WASHINGTON, Jan. 3, 2013 – President Barack Obama signed the \$633 billion fiscal 2013 National Defense Authorization Act into law yesterday.

The legislation, which cleared Congress last month, authorizes the department to act in any number of instances. "There are certain things that cannot be done without [the authorization act]," said a senior defense official speaking on background.

The act allows the department to institute pay raises, bonuses and incentive pay for personnel. "All military construction has to be authorized under this act," the official said.

It includes a 1.7 percent pay raise for military personnel, and contains \$527.5 billion for DOD's base budget, \$88.5 billion for overseas contingency operations and \$17.8 billion

for national security programs in the Energy Department and Defense Nuclear Facilities Safety Board.

It also extends the Commanders' Emergency Response Program that has been used in Afghanistan and Iraq. It authorizes a one-year extension of the Afghan Infrastructure Fund and extends the Coalition Support Fund and the Pakistan Counterinsurgency Fund. In Iraq, the law authorizes U.S. training activities, the official said.

The law also authorizes changes needed to deter sexual assault in the military.

In addition, it establishes the Military Compensation and Retirement Modernization Commission, which will examine all aspects of military compensation. Officials stress that any possible changes to military retirement benefits that the group recommends will not affect current service members.

Air Force structure was of some concern to the department

going into the process, but officials say they were pleased with the outcome. The Air Force also received 32 more C-130 aircraft than requested.

"But the Air Force is allowed to do everything else. They are allowed to do their divestures and moves," the official said. "The only thing kept out of service's force structure plan was we had to keep the Global Hawk Block 30 [unmanned aircraft]."

The act raises the co-pay for medications under TRICARE through 2022. The legislation also limits any annual increases in pharmacy co-payments to increases in retiree cost of living adjustments.

"It is a little bit toward what we need to start paying for how much health care is costing," the official said.

The authorization also provides DOD funds for servicewomen who need abortions in case of rape or incest. "So they don't have to take leave and come home or

go out on the economy," the official said. "This is the first time this has been approved."

Among other programs, the act authorizes the defense biofuel initiative as well as counternarcotic authorities. "We use this a little bit in Afghanistan, but it's mostly in the southern border and Colombia," she said. "It has to get done."

Passage of the legislation is particularly important this year because the department is operating on a continuing resolution through March, which may be continued again through the rest of the fiscal year. The resolution maintains funding at 2012 budget levels. Without this authority, "Things really do shut down," the official said.

"It actually is things that keep the war going and things that ... keep the economy going because it is pay, recruiting, military construction," the official said.



- FEATURE -

189th RAT clears roads in Garland County



Master Sgt. JD Crawford, 189th Airlift Wing safety manager, hauls a limb off of a roadway in Garland county on Dec. 26, 2012.



SrA Michael Vaughn moves downed trees from roadways in Garland County along with 5 other 189th Airlift Wing Airmen on Dec. 26, 2012.



Master Sgt. JD Crawford, Master Sgt. Dan Anderson and Master Sgt. Bryon Gullet clear roadways in Garland county on Dec. 26, 2012.



SrA Michael Vaughn, Master Sgt. Glenn Bates, Master Sgt. Dan Anderson and Master Sgt. JD Crawford cut a tree into pieces before hauling it off of the roadway on Dec. 26, 2012.



Master Sgt. Glenn Bates cuts a downed tree into pieces in Garland County on Dec. 26, 2012.

National Guard photos by Maj. Chris Heathscott



Master Sgt. JD Crawford, Master Sgt. Dan Anderson and Master Sgt. Glenn Bates clear roadways in Garland county on Dec. 26, 2012.



Master Sgt. Bryon Gullet cuts a large tree into pieces before hauling it off of a roadway in Garland county on Dec. 26, 2012.



Master Sgt. JD Crawford, Master Sgt. Dan Anderson and Master Sgt. Glenn Bates clear roadways in Garland county on Dec. 26, 2012.

National Guard photos by Maj. Chris Heathscott



50% more cash?

Capital One credit card offers 50% more cash. Man that sounds great! What if I said there was a way to get 100% cash? Now you're talking!

What are you throwing away at home? Credit card statements, medical bills, credit cards, etc? Is your social media locked down and secured? What about Facebook Friends of friends? All I need is a little of information that is critical to you and an internet search engine and I could possibly make a 100% more cash for me...thanks to you.

Guardsmen are encouraged to take home OPSEC practices we perform at the Guard. Shred, destroy, or protect paper that could be used against you by an adversary. With a little savvy and critical thinking from an adversarial perspective, you can protect yourself and especially the family.

Please do your due diligence when using social media, be careful what you post. After all, it is there permanently. There are a lot of references online how to secure social media, please lock it down.

Keep 100% of your cash, practice good OPSEC at work and home. If you have any questions regarding OPSEC, please feel free to give me a call at 501-987-7501.

Lt. Col. Scott Dillman, 189AW OPSEC Program Manager.

Promotions



To Master Sergeant

JD Crawford, 189 AW
Herbert G. Bates, Jr., 189 CES
Joshua R. Adams, 189 SFS



To Technical Sergeant

Justin Webb, 189 MXS
Jeremy K. Monds, 289 LRS



To Staff Sergeant

John C. Bartley, 123 IS
Marc A. Stanley, 189 SFS
Jessie Bradford, 189 MXS
Cory M. Arthur, 189 MXS



To Senior Airman

Ebony Renea Brown, 189 SFS
Chadwyck Wisley, 189 SFS
Christopher M. Reed, 123 IS

Retirements

Technical Sgt. James Holes, 189 MXS, 15 Nov. 2012
Master Sgt. Rory Odom, 154 TRS, Dec. 31 2012
Lt. Col. Stanley Evans, JFHQ, Dec. 31, 2012

PME Graduations

Squadron Officer School

Capt. Erin Burns, Dec. 2, 2012, 189 LRS

Senior Non-Commissioned Officer Academy

Master Sgt. Stanley Appleby, Dec. 12, 2012, 189 CF

Non-Commissioned Officer Academy

Technical Sgt. Amber Brown, Dec. 12, 2012, HQ AR ANG

Technical Sgt. Shana Cobbs, Dec. 12, 2012, 189 FSS

Technical Sgt. Joann Ruffner, Dec. 12, 2012, 189 FSS

Airman Leadership School

SrA Jessica Goy, Dec. 2, 2012, 123 IS

SrA Gregory Burks, Dec. 18, 2012



Scan me with your smart phone to visit the 189th Facebook page! Download "Scanlife Barcode Reader" from the Android or Apple App Store to scan.

The RAT Corner

Welcome to the following new member of the Rapid Augmentation Teams!
- A1C Bruce Booth

Although winter weather can occur in Arkansas anytime between November and April, historically, the month of January has the highest frequency of winter weather, followed closely by the months of December and February. We need to be prepared for the potential of winter storms over the next couple of months and the possibility that we will be asked to assist local communities with stranded motorist assistance and/or route clearance in the event of winter weather. If your team is in the bucket, please make sure that you are personally ready to respond at a moment's notice and remember to inform your Team OIC/NCOIC if you are going to be unavailable at any point during your bucket timeframe due to vacation, school, TDY etc.

RAT ROTATION SCHEDULE:

Team A: "In the bucket" NOW through January 31, 2013 Team B: "In the bucket" February 01, 2013 - April 30, 2013 TEAM C: "In the bucket" May 01, 2013 - July 31, 2013

CONTACT INFO:

If you have any questions or would like to join a team, please contact Capt. Chris Wald at 501-987-6897 or CMSgt. Ken Fisher at 501-987-7978