

189th Airlift Wing WARRIOR



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May 2015

Arkansas Air National Guard

Little Rock Air Force Base, Ark.



**Top Guardsman
visits with 189th,
tours AMP &
H model C-130s**



The 189th Airlift Wing and the unit's Aviation Modernization Program aircraft remain on the radar of Air Force and Guard Bureau leadership, including Gen. Frank J. Grass, chief of the National Guard Bureau who visited the wing Friday, May 1.

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What you need to know about the Adjutant General

Lt. Col. Don Clark
Mission Support Group commander



It's been a few months now since the Arkansas National Guard's first "blue" Adjutant General, Maj. Gen. Mark H. Berry, took office. Since

many of you have probably not had the chance to meet our new senior leader, I'd like to share some leadership philosophy he conveyed during his initial senior leader briefing. While this is not an exhaustive list, here are some key points that Maj. Gen. Berry feels are important.

The first thing you should know about our boss is he takes pride in being ethical, and he expects the same of his leaders. While his initial briefing was specifically addressed to leaders at the senior level, you can rest assured that his ethical expectation applies to every Airman in our Wing. Think "Integrity First" – there's a reason it's the first Air Force core value. Without it, everything else falls apart.

Another principal Maj. Gen. Berry strongly believes in is "Mission First." We all took an oath to support and defend the constitution, obey the orders of the officers appointed over us, and well and faithfully discharge our

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10 principles of marital success

Chaplain Ron Pierce
189th Airlift Wing chaplain

Marriage can be wonderful! As most of us know, it can also be miserable. Almost everyone has either experienced a bad marriage firsthand or knows someone who has. I am a firm believer that resilience starts in the home. We can't be good on mission if things aren't going well at the house! A healthy family life is a vital foundation for health in all other areas of life. So, here are 10 principles for success in marriage in no particular order:

1. Happiness is not the most

important thing. Everyone wants to be happy, but the truth is happiness tends to come and go. Successful couples learn to intentionally do things that will bring happiness back when life pulls it away.

2. Just showing up is very important! When things get tough, it is important to hang in there and be there for your spouse. You will be stronger together.

3. If you do what you always do, you will get the same results. It is important to

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CHANGE

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look at a situation and approach things differently to get different results. Sometimes, it can be very minor changes that produce huge results.

4. Your attitude does matter! Bad attitudes often drive bad feelings and actions.

5. Changing your mind can change your marriage. Your thoughts and expectations directly affect your feelings for and how you treat your spouse.

6. The grass is greenest where you water it! People often want to run away to greener grass, not realizing that they will probably find the same kind of grass wherever they go. The important thing to do is water the grass you are on. Put the energy in to making your current marriage better.

7. You can change your marriage by changing yourself. Trying to change your spouse is like

trying to push a rope. Often, the only person we can change in a marriage is ourselves. (Surprisingly, this is often the key to changing our spouse.)

8. Love is a verb. We always want to feel good. But, feelings will fluctuate. Real love is based on commitment. "For better or for worse" means that we stay committed no matter how we feel.

9. Marriage is often about fighting the battle between your ears. We need to resist holding grudges and bringing up the past. We all married an imperfect person (except for my wife) so we need to quit expecting perfection.

10. A crisis doesn't mean the marriage is over. Crisis can be like a storm: loud, scary, and dangerous. But, storms pass! You have to keep driving through. Many times, it is out of the pain of a storm that stronger marriages are produced.

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duties. In essence, we pledged to carry out our mission to the best of our abilities. And while we have an inherent responsibility as leaders to care for our people, which are our most important assets, our mission will always come first. It has to for the good of our state and country.

Communication is another fundamental element of Maj. Gen. Berry's leadership philosophy. He demands that "...communication is critical to the survival of the organization and mission." I will add my two cents by saying that while communication from leaders to subordinates is vital, we should not limit ourselves to this one-way flow of information. It is essential that we empower our Airmen to facilitate a flow of information up the chain of command as well. Leaders require accurate and timely information to make the most effective decisions, and our Airmen should be encouraged to provide this valuable input. By doing so, we're able to leverage our incredible diversity of thought which enables leadership to make better decisions and improve our organization.

Finally, here are some additional items you should know about our him. He has ZERO tolerance for sexual assaults. He will also not tolerate those who practice fiscal irresponsibility, lack oversight of their work areas, abuse taxpayer resources or allow abusive or toxic leadership environments. He expects open and honest answers, doesn't like "yes men" or "yes women," and expects you to say "I don't know" if you don't know the answer to something. Maj. Gen. Berry also made it quite clear that if you are irresponsible enough to receive a DUI, you can expect to visit him in his office on top of the hill at Camp J.T. Robinson. I don't expect that would be an enjoyable conversation or bode well for your career, so please don't drink and drive.

Once again, these expectations from TAG are not all inclusive, but they do point to several key aspects of his leadership philosophy. Apply these principals to your own life, and you will continue to achieve our mission, surpass all expectations and excel as Airmen -- and that's what the 189th Airlift Wing is known for.



Warrior of the Month: Master Sgt. Dan Anderson

Rank and name: Master Sgt. Dan Anderson

Unit: 189th Logistics Readiness Squadron, Vehicle Maintenance.

Job title: Vehicle mechanic.

Status: Active Guard and Reserve.

Hometown: Harrisonville, Missouri.

Family: wife Dawn, married 22 years; son Cody, 17 and son Caleb, 14.

Why I joined the Guard: To continue serving my country and the state of Arkansas.

Most rewarding part of my job: Doing what I love for the 189th.

Hobbies: Anything with a motor and wheels;

camping, hiking, hunting, fishing and geocaching.

My favorite movie: Tombstone or Shawshank Redemption.

My favorite TV show(s): Street Outlaws.

My favorite book: The Holy Bible.

A perfect day would be: Camping with my family.

I admire: Hard work and those who have mastered their trade.

Something no one knows about me: I'm handy with a needle and thread.





Summer trips: Planning is key to safe travel

Master Sgt. J.D. Crawford
Ground Safety Manager

Summertime is here and many of you are planning family vacations or weekend trips to spend time with family and loved ones. Planning for your trip is important and will ensure that whatever you are doing will be enjoyable and safe.

Before you go, make sure your vehicle is ready and make sure to check your tires. Smooth tires can result in a blowout at high speeds or loss of control of your car on wet pavement or in other high-risk situations. Be sure they are adequately inflated. Tires low on air will have less grip on the road and can have excessive sidewall flexing that increases tire wear and possibly lead to a blowout. Also, don't forget to check the spare tire and it's also a good time to ensure you have the tools you need to change a tire; i.e. jack, lug wrench, and tire chalks.

Examine the wiper blades looking for cracks or missing pieces of rubber. While the engine is running, turn on the wipers and washer to see if both are operating properly. Good blades shouldn't leave streaks.

It's a good idea to have an emergency road kit. This can get you out of a jam when stranded on the side of the road. You can easily create a good kit by putting these items in a box: two quarts of oil, two quarts of radiator coolant, small funnel, tire pressure gauge, pocket knife,

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matches, rags, assortment of wrenches, sockets and screwdrivers, a flashlight, roadside flares, first aid kit, electrical tape, jumper cables, and a "HELP" sign window banner.

Good planning will help eliminate trouble later. Know how to get where you're going, GPS is a great tool but in areas with limited or no cellular service, these may not always work so carry a paper map or atlas with you for directions. Also take along duplicate keys, your driver's license, vehicle registration, hospital insurance card, medical information, auto insurance card and names and addresses of next of kin.

No matter what your choice of recreation is; planning it ahead of time and taking some basic precautions will keep you and your family safe and make your time much more enjoyable during the summer months.



Top Guardsman takes look at wing



Above: Gen. Frank J. Grass, chief of the National Guard Bureau, learns about the 189th Airlift Wing's Avionics Modernization Program (AMP) aircraft from Col. Robert Ator II, wing commander, and Brig. Gen. Kurt Vogel, NGB legislative liaison and the incoming commander of the Arkansas Air National Guard.



Left: Gen. Frank J. Grass, chief of the National Guard Bureau, enjoys sitting in the cockpit of a 189th Airlift Wing AMP C-130. Above: Gen. Grass gets the rundown on the 189th from Col. Robert Ator II, wing commander, (right) and Lt. Col. Dean Martin, commander of the 189th Maintenance Squadron.



Polta plugged in as Communications Flight commander

~Critical mission responsibility handed to him along with guidon



Lt. Col. Erik A. Polta was handed the reins of the 189th Communications Flight by Lt. Col. Donald L. Clark, Mission Support Group commander, during an assumption of command ceremony on May 3, 2015.

Lt. Col. Polta most recently served as the wing Inspector General. He has also served as chief of Wing Plans and Programs, and as the Navigator Flight assistant commander for the 154th Training Squadron.



PME Graduations

NCO Academy

Tech. Sgt. Kaitlyn Borozinski, 189 CF

Promotions



To Master Sergeant

David R. Foret, 189 CES
Donald A. Dodson, 189 MXS
Thomas A. Cossey, 154 TRS



To Technical Sergeant

Clayton W. Woods, 154 TRS
Marc A. Stanley, 189 SFS



To Staff Sergeant

Jacob R. Earls, 189 CES
Cody J. Wadley, 189 CES



To Senior Airman

Stephanie A. Rowland, 189 OSS
Kacy A. Cross, 189 FSS
Corredur J. Vaden, 189 CF
Keith E. Schalk, 189 CF
Sarah K. Sims, 154 WF

Retirements

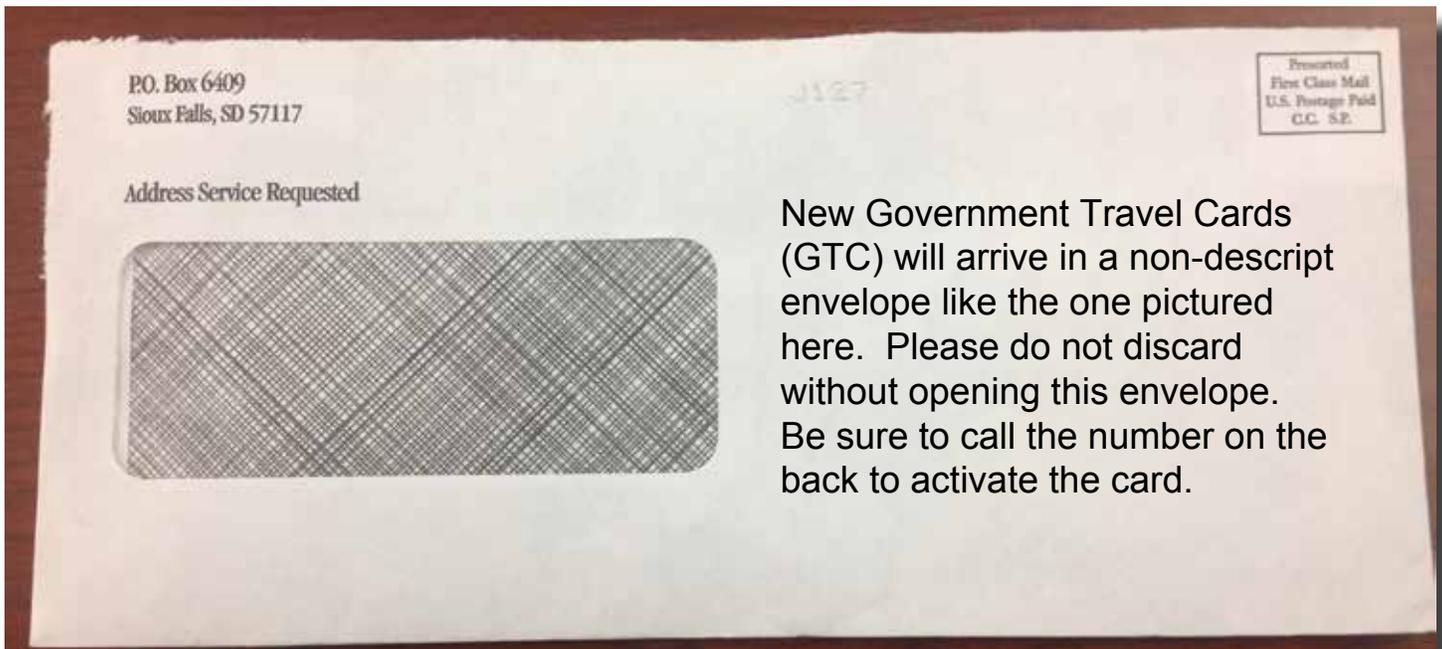
New GTC Cards in the mail

In the upcoming days and months all Government Travel Cardholders will be receiving the new travel card with the new 'Chip and Pin' technology to enhance security to reduce fraud. When you receive your new card, it will NOT work until you as the cardholder calls the number on the back and verifies the card was received and then select a new pin number. Upon receiving your new GTC you will also need to also log into your DTS profile and update it to add your new GTC number and expiration date. Currently the 189th has 158 of the 311 new cards sent out that are still pending activation from the members.

Instructions on updating your DTS profile:
http://www.defensetravel.dod.mil/Docs/GTCC_Profile_Update.pdf

For more information on your new GTC please go to:
http://www.defensetravel.dod.mil/site/govtravelcard_cp.cfm

If you have any questions or would like to know if you were sent a new GTC please contact your APC



New Government Travel Cards (GTC) will arrive in a non-descript envelope like the one pictured here. Please do not discard without opening this envelope. Be sure to call the number on the back to activate the card.