

189th Airlift Wing WARRIOR



Vol. 17 No. 8

September 2015

Arkansas Air National Guard

Little Rock Air Force Base, Ark.

189th True Combatants work hard during deployment

See more on page 4



Senior Airman Luke Shock of the 189th Civil Engineering Squadron helps out with a concrete pour while on deployment.



Mission support group deployment

By Lt. Col. Donald L. Clark
189th Mission Support Group commander

The 189th Airlift Wing is unlike typical Air National Guard units. Since we have a full-time training mission, many of our members are not routinely deployed in support of overseas contingency operations. Their effort is focused on the wing's full-time training mission, which continually produces the highest quality C-130H aircrew members for the DoD and over 20 allied nations. However, there is still a large segment of our wing that is regularly deployed under the new Reserve Component Period construct.

As the primary group in the wing tasked to meet these expeditionary requirements, the 189th Mission Support Group has a proud history of not only serving in overseas locations, but doing so with

consistent excellence. Today, these "True Combatants" have over 40 Airmen from our Security Forces, Civil Engineering and Force Support Squadrons deployed in support of the CENTCOM and AFRICOM areas of responsibility (AORs), while our wing prepares dozens more to answer our nation's call. This diverse group of Airmen is called on daily to perform critical tasks vital to the combatant commander's success.

One such unit, the 189th Security Forces Squadron, is nearing the end of their rigorous deployment period, and they have clearly demonstrated an "excellence in all we do" attitude. Our defenders' amazing accomplishments include providing detainee escort and transfer operations, securing medevac flights, monitoring "outside the wire" patrols and

managing tactical automated security systems which ensure the safety of hundreds of aircraft. They so impressed their active duty command staff that they earned praise as the "best seen to date." Moreover, one of our own senior NCOs serves as the superintendent for AFCENT's largest air logistics hub where he leads over 180 Airmen in providing installation ground defense.

Our Civil Engineer Squadron is also excelling throughout the AOR by repairing expeditionary aircraft shelters, performing essential installation emergency management, providing infrastructure for an RPA bed-down mission, and forward deploying to an undisclosed location to build a bare base from the ground up. Again, one of our own senior NCOs

SEE COMBATANTS PAGE 9

www.facebook.com/189AW

www.instagram.com/189AW

Publication Staff

Col. Robert Ator, II
189th Airlift Wing
Commander

Maj. Allison Stephens
Public Affairs Officer

Master Sgt. Chris A. Durney
Public Affairs Supervisor

Senior Airman Ian Caple
Editor

This un-funded Air Force newsletter is an authorized electronic publication for members of the 189th Airlift Wing, their families, retirees and community leaders. Contents of the Warrior are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, or the Department of the Air Force. All photographs are property of the U.S. Air Force unless otherwise indicated.

The editorial content is edited, prepared and provided by the Public Affairs Office of the 189th Airlift Wing, 112 MSgt. Dan Wassom Road, Little Rock AFB, AR 72099-4802, DSN 731-6068, commercial 501-987-6068, email ian.caple@ang.af.mil.

Call or email to be added to the distribution list.

Preventing Suicide

Chaplain Ron Pierce
189th Airlift Wing Chaplain

Suicide prevention is a very important topic. We may tend to think that because we are not considering suicide that we don't need to pay attention to suicide prevention information. Not true! Why? Because you may need the information to help someone else! A vital part of suicide prevention is being aware of those around you so you can be a first responder to someone in their time of need. Many times, people who are

contemplating suicide as a way out, do not seek help. So, it is important that we notice any red flags. People who kill themselves usually exhibit one or more warning signs, either through what they say or what they do. The more warning signs, the greater the risk. Here are some things to be on the lookout for.

Talk – Keep an ear out for how a person talks. If a person talks about such things as killing themselves, having no reason to live, being a burden to

others, feeling trapped, or unbearable pain, that could be a warning sign.

Behavior - A person's suicide risk is greater if a behavior is new or has increased, especially if it's related to a painful event, loss, or change. Examples of behaviors to be concerned about include increased use of alcohol or drugs, looking for a way to kill themselves (such as searching online for materials or means), acting recklessly, withdrawing from activities, isolating

SEE SUICIDE PREVENTION PAGE 3



189th C-130 and crew hit of Andrews air show



The 189th Airlift Wing sent a C-130 and air crew to the Andrews Air Force Base 2015 air show, and made a big hit. Arkansas Senator John Boozman posted these photos to his Facebook page. Left: (l-r) Tech Sgt. Brian Swanson; Tech Sgt. Bryan England; Staff Sgt. Mike Jackson; Capt. Brian Volner; Tech Sgt. Jonathan Hunter.



SUICIDE PREVENTION

Continued from Page 2

from family and friends, sleeping too much or too little, visiting or calling people to say goodbye, giving away prized possessions, and aggression.

Mood – It is also important to pay attention to mood changes. People who are considering suicide often display one or more of the following moods: depression, loss of interest, rage, irritability, humiliation, or anxiety.

Experts say that most of the time, when someone thinks or talks about suicide, they actually have mixed feelings about dying. You can make a big difference simply by being there for them and helping them get the assistance they need.

What you can do: If you notice any of the warning signs of suicide in someone else, it's important to speak up. Don't be afraid to ask, "Have you been thinking of killing yourself?" If the

answer is "yes," follow up by asking, "Do you have a plan?" This will help you determine the right course of action and the urgency of the situation. You can call the [National Suicide Prevention Lifeline at 800-273-TALK \(8255\)](http://www.nationalsuicideline.com). Press 1 for the Military Crisis Line if you're concerned about a service member or veteran. Finally, if you are personally dealing with feelings associated with suicide, please reach out to

someone for help. Talk to a friend, family member, counselor, pastor, chaplain, or a co-worker. Don't go through it alone – people are there for you.

Always feel free to contact Emily Edwards (DPH) at (501) 987-8752 or the Chaplain Team at (501) 987-1050. Everyone matters and everyone can make a difference!

Blessings, Chaplain Pierce



Warrior of the Month: Senior Airman Shawn Huckey



Rank and Name: Senior Airman Shawn Huckey.

Unit: 189th MXS.

Job Title: Isochronal Inspector.

Status: Full-time technician.

Hometown: Alma, Arkansas.

Civilian Employment: Same as above.

Family: Married to my beautiful wife Sydney. Expecting our first son Nov 12th.

Why I joined the Guard: Family tradition and it is what I enjoy doing.

Most rewarding part of my job: Solving problems and knowing it actually makes a difference.

Hobbies: Hiking, kayaking, hunting, fishing and motorsports.

My favorite movie is: *The Outlaw Josey*

Wales.

My favorite TV Show(s): *Drunken History/ The Office.*

My favorite book: *The Client* by John Grisham.

A perfect day would be: A day enjoying the great outdoors with family and friends.

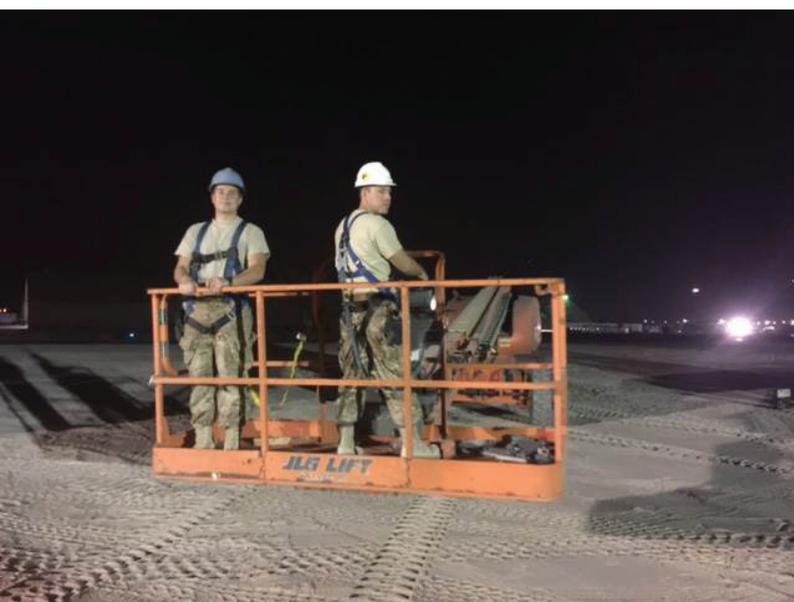
I admire: My father for always doing what it took to provide for our family and maintain a happy marriage; the best role model you could ever ask for.

Something no one knows about me: My grandfather taught me the basics of aviation throughout my childhood. He would take me flying in his Cessna 172 and we would go all over the place.



189th true combatants hard at work

~189 CE and SF Airman making big difference while on deployment



Approximately 40 189th true combatants are deployed in support of overseas operations, including Airmen from the 189th Civil Engineering Squadron and the 189th Security Forces Squadron. Above, Staff Sgt. Danny Kholer and Staff Sgt. Cameron Henry operate a JLG. Right: Staff Sgt. Dillon Seaton uses a torch to cut rebar. Far right: Senior Master Sgt. James Bass adjusts a tensioner on a Mobile Aircraft Arresting System. Below: 189th Security Forces Airmen are proud of their state and unit while on deployment.





Hunter education aimed at firearm safety ~189th takes safety seriously - sponsors course



The 189th Airlift Wing takes safety seriously, especially when it comes to hunting and firearms. The wing sponsored the 2015 Hunter Education Course, provided by the Arkansas Game and Fish Commission. Top right: Mr. Joe Huggins of the AGFC explains the many parts of a firearm to more than 150 participants. Left: Senior Master Sgt. J.D. Crawford, 189th Ground Safety Office.



October Spiritual Luncheon

Be on the lookout for the **October Spiritual Luncheon**, Thursday, 15 October 2015 at 1130. Location TBD (somewhere in the Wing). It is the first of what will be monthly spiritual fitness luncheons with food, conversation and camaraderie. Email reminders will be sent out every month. All are welcome. If you have any questions or you would like to RSVP please call **TSgt. Townes** at **501-987-1061** or email at **hope.l.townes.mil@mail.mil**.



SEPTEMBER AROUND THE WING



Clockwise from top left: Senior Airman Saomai McNeal is awarded an Air Force Achievement Medal by Lt. Col. Jeremy Lasiter, the Judge Advocate General. Vicki Wray is promoted to Staff Sgt. by Capt. Kenneth Simon, 189th comptroller. Master Sgt. Travis Jaworski receives an Air Force Commendation from Lt. Col. Don Clark, Mission Support Group commander. Lt. Col. David Allen, commander of the 189th Force Support Squadron, is awarded the Meritorious Service Medal, 4th Oak Leaf Cluster, by Lt. Col. Clark. Capt. Veronica Tice is congratulated by Lt. Col. Clark as the Mission Support Group Officer of the Year. Senior Airman Kourtney Smedley is named the MSG Airman of the Year. Senior Master Sgt. J.D. Crawford, 189th Ground Safety manager, is awarded a Meritorious Service Medal by Col. Robert Ator II, 189th Airlift Wing commander. MSG also announced Tech. Sgt. Christopher Johnson as the Noncommissioned Officer of the Year, and Master Sgt. Benjamin Skeel as the Senior Noncommissioned Officer of the year. Both are currently on deployment in support of overseas operations.





M o t o r M a i n t e n a n c e

Air National Guard maintainers work hard and can somehow get their hands into some pretty tight spaces, especially those found on a C-130 H engine. Here's a look at what it takes to keep these powerful beasts spinning like tops. Clockwise from top: The side view of a C-130 propeller; Tech. Sgt. Terry Harrower burries his arms deep inside an engine; Tech. Sgt. Jim Grant and another member of the engine shop get ready to replace an engine; Tech. Sgt. Jim Grant gets deep into the bowels of a C-130 engine; Senior Airman Charlie Burton with his hands and arms deep into the engine's wiring harnesses. The aircraft was undergoing scheduled maintenance, including an Isochronical Inspection.

Top and middle: Air National Guard photos by Master Sgt. Christopher Durney



Air National Guard photo by Senior Airman Ian Caple





COMBATANTS

Continued from Page 2

stood out by leading a 10-man team to a Marine outpost and repairing multiple airfield spalls by mixing the equivalent of two large concrete trucks of cement by hand!

Finally, one of our own Force Support Squadron Senior Airman is filling a critical role and gaining incredible experience by

performing lodging NCOIC duties in the AFRICOM AOR where she ensures the bed down of joint deployed personnel. She's also had the added bonus of witnessing actual warthogs fighting (no, not the A-10) and has even had a staring contest with a baboon who was rummaging through a garbage can.

With Airmen like this, we should all be proud of their

incredible accomplishments and the wing's deployment efforts.

Our nation has been at war for so long, that for many of us it has become the norm. We say farewell to those deploying, pray for their safety, offer help for their families, and then return to work and continue our stateside mission. They deploy into harm's way to defend our nation's vital interests. In turn, we support their overseas efforts

at home by stepping up to mow lawns, fix appliances or provide other support for family members left behind. It's what our guard family is all about, and it truly inspires me to see how well we take care of each other. It's also a huge part of why I am honored to serve as the commander of the True Combatants!

Promotions



To Senior Master Sergeant
James Bass, 189 MSG



To Master Sergeant
Shana Cobbs, 189 MSG

Retirements

Lt. Col. David Treybal, 154 TRS, 1 Aug 2015
Tech. Sgt. Raymond Caldas, 189 MXS, 19 Aug 2015

PME Graduations

Airman Leadership School

Senior Airman Shawn Huckey, 189 MXG, 2 Sept 15
Senior Airman Cory Jackson, 189 AMXS, 3 Sept 15
Senior Airman Jonathan Dye, 189 MXS, 3 Sept 15
Senior Airman Haley Ramsey, 189 MXS, 9 Sept 15
Senior Airman Brian Davis, 189 MXS, 16 Sept 15

The 189th Airlift Wing mission:

- Elite C-130 aircrew training and worldwide airlift
- Highly trained and enthusiastic combatants to combatant commanders worldwide
- Capable, effective, and prompt support to Arkansans in need whenever the governor calls

The RAT Corner

QUICK NOTES:

We are always recruiting for new members to join the Rapid Augmentation Team so please spread the word. As we lean into future operations I believe we will be as busy as ever and therefore need to always be ready at a moment's notice. Please contact the Emergency Management flight if you would like to join or if you would need to leave the team so we can update our recall list.

RECALL PROCEDURES:

Texts and Telephone Calls are our primary means of contacting personnel when we receive a mission tasking and begin activating a RAT. If either your primary or alternate telephone numbers have changed and you have not previously let us know, please send an email to william.catton@ang.af.mil with your updated information so that we can keep our recall roster up to date.

CONTACT INFO:

If you have any questions or would like to join a team, please contact Master Sgt. Bill Catton at 501-987-2169.