

# 189th Airlift Wing WARRIOR



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October 2015

Arkansas Air National Guard

Little Rock Air Force Base, Ark.

## ARANG commander visits 189th



*Brig. Gen. Kurt Vogel,  
Arkansas Air National  
Guard commander*

***See page 8  
for more***



# Ecumenical meditation

**Chaplain (Capt.) Matt Garrison**  
189th Airlift Wing Chaplain

I've been plagued this month with writer's block; sitting for hours without the ability to string together a coherent sentence worthy of placement on a page. So, I turned to the good ol' trusty interwebs to see if maybe something would spark. The problem, however, was that I couldn't even think of words with which to search. So, I stared blankly at the blinking cursor until I finally decided to search for "ecumenical meditation."

My search didn't yield much fruit, but it did place before me a couple words upon which I thought I might be able to build, particularly "gratitude" and "hospitality."

I spent the last few years of my seminary studies with the Benedictine monks of St. Meinrad Archabbey, just East of Evansville, Indiana. Besides

the study of theology, liturgy, philosophy, etc, we also studied and lived the "Rule of Benedict," the rule by which the monks spent their daily lives. The primary theme of the rule is "ora et labora" ("prayer and work"), but to what end is their prayer and work directed?

Well, that's where "gratitude" and "hospitality" enter. The monks spend much of their day gathering for prayer, praying for peace, protection, healing, etc, but much of their prayer is also spent giving thanks, being grateful for all the blessings bestowed upon them, and for all the prayers that have been answered.

The work of the monks is twofold, one goal being to provide for their needs, and the other to provide hospitality to their guests. Anyone who asked for assistance or came seeking shelter, had their needs met. It wasn't always

easy, and it could at times be a little dangerous, but that is the rule by which the monks live their lives. And, though it was sometimes a lot of work, they always tried to provide hospitality with a gracious heart-being grateful for whatever "gifts" their guests brought with them; maybe just a kind word, a note, a handshake or a hug. Their small gifts were graciously received.

So, as we approach perhaps the busiest time of year, preparing for celebrations with family and friends, may we strive to be always grateful and hospitable. Despite the chaos and business, may we find joy in the small gifts we receive in return for the gesture of our hospitality. And, may your lives be blessed with many friends and family surrounding you in these coming days of joy.

## NATIONAL GUARD ASSOCIATION OF ARKANSAS ENDOWMENT, INC., SCHOLARSHIP PROGRAM

**Who:** NGAA and EAANG members and their dependents.

**What:** Fifty \$750 college scholarships will be awarded by the National Guard Association of Arkansas Endowment, Inc., to NGAA and EAANG members and their dependents for the academic year 2016-2017. The scholarships apply to full time or part time enrollment at in-state or out-of-state colleges, four-year colleges, vocational training or post graduate studies. The scholarships may be used for any and all college expenses. Members of the Arkansas National Guard, their dependents, and dependents of deceased members of the Arkansas National Guard may apply. Applicant (or his/her sponsor) must be a current member (must have paid dues for 2016) of the NGAA or EAANG and must be covered under the NGAA state sponsored life insurance (SSLI) program. Scholarship applications may be completed and submitted online or downloaded from the NGAA website, [www.ngaa.org](http://www.ngaa.org) (click on Scholarships), and copies are also available at the NGAA office, Building 8100, Camp Robinson.

**When:** Deadline for submission of completed applications is January 15, 2016. Applications must be received (or postmarked if mailed) by the NGAAE Scholarship Program, P.O. Box 663, North Little Rock, AR 72115, by that date.

**POC:** Judy Shere, 501-758-6422, [jshere@ngaa.org](mailto:jshere@ngaa.org).



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Call or email to be added to the distribution list.



## Air Guard precision in action

# 154TRS Low Cost Low Altitude Training

Low Cost Low Altitude (LCLA) airdrop is an aerial delivery system consisting of low-weight airdrop bundles deployed from the aircraft ramp and door at very low altitudes, enabling circular error (CE) accuracy within 100 meters through the use of sight angle visual airdrop. Basically, when the navigator is accurately using sight angle—a purely visual method of calculating the release point—the maximum error expected is 100 meters. This airdrop is appropriate for employment within or near a Forward Operating Base (FOB), or close to troops. One major benefit to this method is that all LCLA parachutes are one-time-use expendable items that do not require recovery by ground forces or transportation back for re-rigging.

The operational flexibility this system provides can be critical to ground forces. With LCLA we can re-arrange the load on the aircraft to provide “on-call” airdrop of specific loads (water, ammunition, food, etc.) to specific troops or FOBs. While the number of bundles being dropped are generally less than a typical Container Delivery System (CDS) airdrop (LCLA usually drops 1-4 bundles), we have to keep in mind the precision/tactical advantage this system employs, providing a small package of resources to a small contingent of personnel on the ground. Some additional training is required for aircrew members to become qualified to conduct LCLA airdrops consisting of one ground training session and one flight with an instructor.

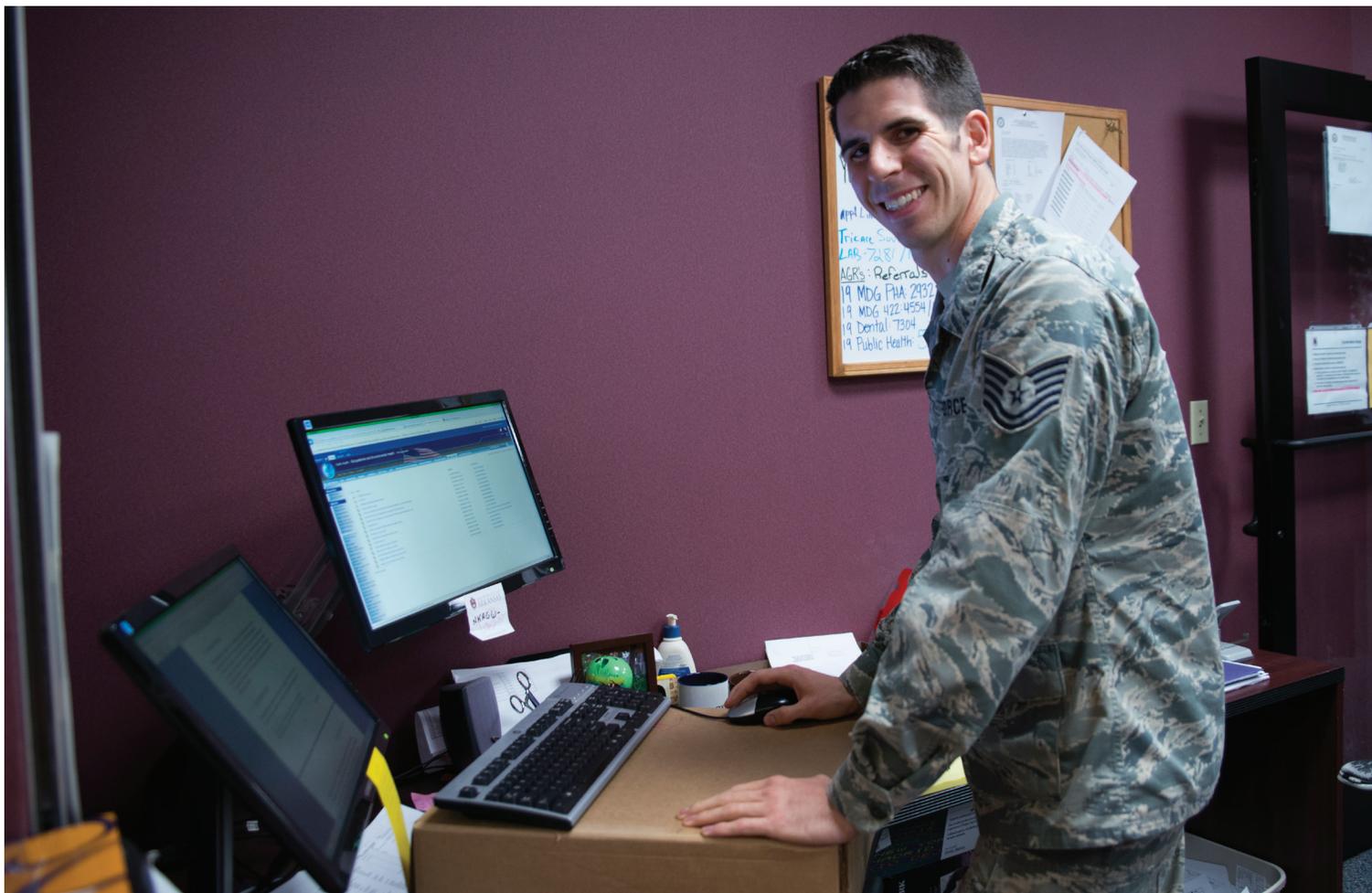
Photos and story by Capt. Brian W. Volner



**Clockwise from top left:** LCLA Bundles pre-positioned and rigged on a C-130 ramp in the maximum drop configuration of 4 bundles; LCLA Bundles ready for “drift back” on an 189th aircraft prior to a local training sortie; LCLA Bundles pre-positioned on the aircraft ramp prior to a local training sortie.



## Warrior of the Month: Technical Sgt. Colton Guilliams



**Rank & Name:** TSgt. Colton Guilliams

**Unit:** 189th Medical Group

**Job Title:** Public Health Technician

**Status:** Technician

**Hometown:** Vilonia

**Civilian Employment:** Same

**Family:** My wife Carol and my daughter Lily.

**Why I joined the Guard:** Family tradition-the idea of not being in the military is just weird.

**Most rewarding part of my job:** Helping others and ensuring that they get the care they need.

**Hobbies:** Traveling anywhere and everywhere, going fast and everything outdoors.

**My favorite movie is:** Star Wars

**My favorite TV Show(s):** Top Gear UK

**My favorite book:** *Wild At Heart* by John Eldredge and anything by Terry Pratchett.

**A perfect day would be:** Taking the family on an adventure.

**I admire:** No one more than Jesus Christ.

**Something no one knows about me:** I grew up in Alaska.



# Vilonia playground construction



Members of the 189th Airlift Wing join the citizens of Vilonia to erect a playground at the site of Master Sgt. Dan Wassom and his family's house that was destroyed by a tornado in 2014.



*Photos courtesy of Richard Santini*



# OCTOBER AROUND THE WING



**Clockwise from top left:** Maj. Gen. Mark Berry, Adjutant General of Arkansas, and Brig. Gen. Kurt Vogel, Arkansas Arkansas Air National Guard commander, brief Maj. Gen. James Hecker, 19th Air Force commander, on the 189th mission, issues and future initiatives; Chief Master Sgt. Sean Harre receives his certificate of retirement on Oct. 10, 2015 from Lt. Col. Reagan Whitlow; Members of the 189th Maintenance Group donate blood in the Red Cross bus during October drill's blood drive; The 189th Force Support Squadron kickball team took first place overall during the LRAFB Sports Day on Oct. 8, 2015. The 154th Training Squadron battled for second place; Members of the 154th Training Squadron salute a C-130 Aircraft on the Little Rock Air Force Base flightline, honoring those who died in an overseas C-130 crash involving Dyess AFB members.





# AROUND THE WING, OCTOBER UTA

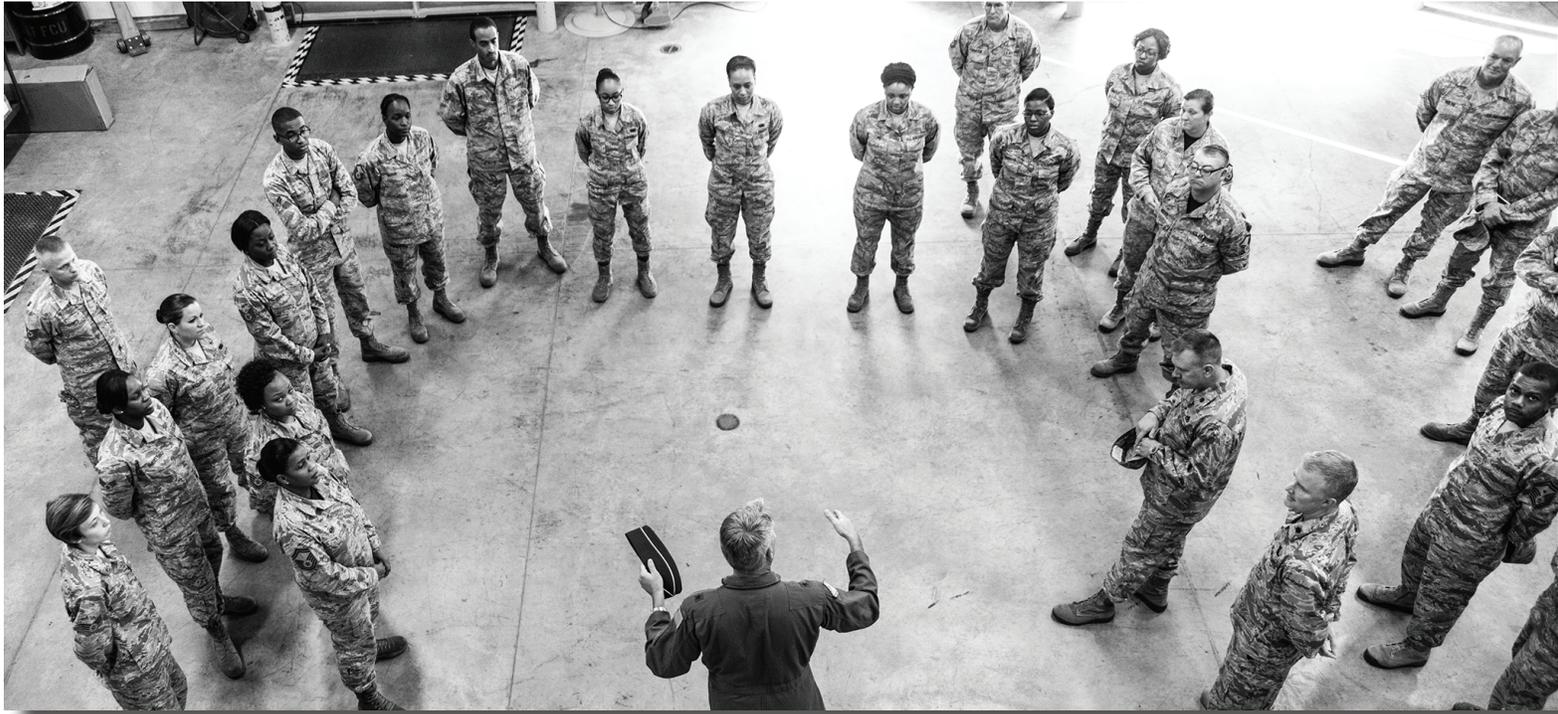


**Clockwise from top:** Senior Master Sgt. Walt McCloud and Senior Airman Corredur Vaden work on configuring laptops for 189th senior leadership while surrounded by approximately 400 new PC workstations that are being readied for wing-wide issue; New 189th staff sergeants post for a group photo after an October 2015 Rising Six promotion ceremony; Staff Sgt. Jeremy Skaggs and Senior Airman Keith Didriksen, 189th Communications Flight, work to add backup memory cards to security cameras located throughout the 189th campus; Members of the 189th Civil Engineering Squadron relocate and plant new trees around campus on Oct. 3, 2015.





# Brig Gen. Vogel looks in on 189th, Airmen



**Clockwise from top:** Brig. Gen. Kurt Vogel, Arkansas Air National Guard commander, speaks to Airmen of the 189th Logistics Readiness Squadron about what he does and answered any question the Airmen had; Brig. Gen. Vogel takes a tour of the Aerialport building and visits the 189th Student Flight to answer questions from the future Airmen; Brig. Gen. Vogel takes a look at one of many different types of pallets that the 189th LRS Aerialport Airmen build and deploy on a daily basis; Brig. Gen. Vogel takes a tour of the new sheetmetal shop behind Hangar 207 with Col. Chris Montanaro, 189th Maintenance Group commander, and Senior Master Sgt. Geoffrey Meyer, fabrication element superintendent.



## Promotions



### To Major

Laura Moore, 1 Oct 15, 189 AW.



### To Technical Sergeant

George Burns, 3 Sept 15, 189 MXG.  
Milissa Johnson, 4 Oct 15, 189 AW.  
Matthew Pelkey, 21 Sept 15, 189 AW/PA.



### To Staff Sergeant

Brian Davis, 24 Sept 15, 189 MXG.  
Jonathan Dye, 1 Oct 15, 189 AW.  
Martinez Pena, 17 Sept 15, 189 AW.

## Retirements

Chief Master Sgt. Wade McClean, 1 Oct 15, 189 CF.  
Technical Sgt. John Anglin, 31 Oct 15, 189 OG.

## PME Graduations

### Senior Non-Commissioned Officer Academy

Master Sgt. Brian Moler, 24 Sept 15, 189 MXS.  
Master Sgt. David Noel, 25 Sept 15, 189 MXS.

### Airman Leadership School

Staff Sgt. John Wingate, 19 Aug 15, 189 SFS.  
Senior Airman Christopher Crim, 30 Sept 15, 189 MXS.  
Senior Airman Alexander Bush, 4 Oct 15, 189 MXS.  
Senior Airman Shawn Scheeler, 14 Oct 15, 123 IS.  
Senior Airman Christopher Townsend, 14 Oct 15, 189 MXS.

### The 189th Airlift Wing mission:

- Elite C-130 aircrew training and worldwide airlift
- Highly trained and enthusiastic combatants to combatant commanders worldwide
- Capable, effective, and prompt support to Arkansans in need whenever the governor calls

## The RAT Corner

*By Master Sgt. William Catton*

Emergency Management Superintendent

### QUICK NOTES:

We are always recruiting for new members to join the Rapid Augmentation Team so please spread the word. As we lean into future operations I believe we will be as busy as ever and therefore need to always be ready at a moment's notice. Please contact the Emergency Management Flight if you would like to join or if you would need to leave the team so we can update our recall list.

### RECALL PROCEDURES:

Texts and Telephone Calls are our primary means of contacting personnel when we receive a mission tasking and begin activating a RAT. If either of your primary or alternate telephone numbers have changed, and you have not previously let us know, please send an email to [william.catton@ang.af.mil](mailto:william.catton@ang.af.mil) with your updated information so that we can keep our recall roster up to date.

### CONTACT INFO:

If you have any questions or would like to join a team, please contact Master Sgt. Bill Catton at 501-987-2169.

