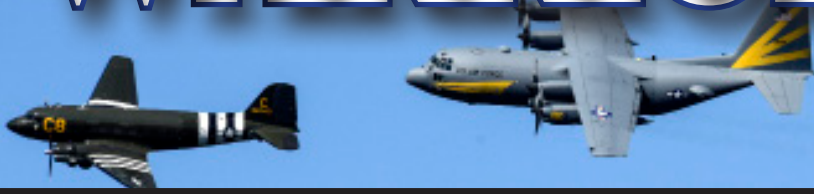


189th Airlift Wing WARRIOR



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Arkansas Air National Guard

Little Rock Air Force Base, Ark.



**189th Maintenance
Group history
uncovered, pgs. 4 - 5**



Commander's Corner: deployment families

By Col. Thomas D. Crimmins
189th Airlift Wing Commander

Hello Warriors! This year, we have many of our fellow Airmen deploying to various locations throughout the world. I want you all to take a moment to think about them and all that they are leaving behind. Being in the Arkansas Air National Guard, I am happy to call you all my family. As a Guard family, our kindness and gestures extend beyond the Airman to their families.

Through our Airman and Family Readiness coordinator, our wing gives these families the opportunity to network and find friendship during a loved one's deployment. The wing is hosting a Deployed Family Dinner for deployed service members' families as well as for service members and their families who are about to experience a deployment. The A&FRC also hosts events throughout the year to ease the burden of the deployment.

We also have a program that is designed to coach and prepare Airmen and



their families for deployment. The Yellow Ribbon Integration Program ensures that the service members and their families have access to a variety of information that can come in handy during stressful times.

Make sure we are taking care of our loved ones. A deployment can seem like a lifetime to some, so making sure we are there for each family who is going through this change will make all the difference in the world. DUCIMUS – We Lead!



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Publication Staff

Col. Thomas D. Crimmins
189th Airlift Wing
Commander

VACANT
Public Affairs Officer

Tech Sgt. Jessica Condit
Public Affairs Superintendent

Senior Airman Kayla K. Edwards
Editor

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WOMEN'S HISTORY MONTH



**WORKING TO FORM A MORE PERFECT UNION:
HONORING WOMEN IN PUBLIC SERVICE AND GOVERNMENT**



SCAN AND VIEW MOMENTS IN HISTORY



Designed by James Ladner for the Defense Equal Opportunity Management Institute



189th Maintenance Group history uncovered

By Tech. Sgt. Jessica Condit
189th Airlift Wing Public Affairs

The 189th Airlift Wing has a long history of different mission support over the years. As changes within the wing occurred, the 189th Maintenance Group rolled with the punches and changed their processes as well. With all the changes over the course of the wing's history, the process was told visually through photos, graphic designs and objects that came into play and became obsolete as the years went on.

Walking into the maintenance hangar, you will find yourself in the "ice cream parlor." The main foyer has a plethora of maintenance memorabilia that defines the group over the ages and showcases the men and women who dedicated their military career to ensuring the aircraft they supported were fit and ready to fly. Photographs and pieces of aircraft long since gone adorn the walls and fill display cases for visitors to look at. Some pieces might make you wonder how maintainers were so successful in the past when you compare them to the tools used now.

Along with the displays and pieces of history adorning nearly every wall and hallway, the group established a heritage room designed to encourage maintenance camaraderie and boost morale. The project eventually included an in-house gym, which meets all the legal criteria for use. According to Senior

Master Sgt. Connie Laughlin, a 189th Maintenance Group budget analyst, the gym has a consistent flow of users on the many different shifts that maintenance covers.

"It went from just being something of a small little closet, to being a room. The idea was to boost morale while displaying our maintenance heritage," said Laughlin. "With the way that maintenance works, we have multiple shifts. Due to maintenance quick response on last minute maintenance requests, the needed specialists needed to be here. The solution was to create an environment where they could work out, eat their meal and take breaks without leaving their place of duty."

Using downtime, several maintainers worked diligently to ensure they covered the span of the wing's maintenance history, to include the role played in WWI to present. Uniforms were donated to the group by current and former members of the wing as well as tools and aircraft pieces that have long gone out of commission.

"For me, coming to a new unit that's already established and finding out where you fit in is a big deal," said Staff Sgt. Tracie Winston, a 189th Aircraft Maintenance Squadron crew chief. "The unit I came from, was kind of the same way. There wasn't much there so I started taking pictures every drill, then I'd put a collage on the wall. It was a way to look back and remember things. When I got here I started doing the same thing and realized how interesting the history of the 189th AW was."

For Laughlin and Winston, one motivation was to instill a sense of belonging in the new or younger Airmen who are coming to the group. They wanted to ensure that these Airmen were written into the history of the wing and maintenance and knew they

Staff Sgt. Tracie Winston, a 189th Aircraft Maintenance Squadron crew chief, looks at a display located in the maintenance hangar March 1, 2019, at Little Rock Air Force Base. The display is one of several holding the maintenance group's long history. (U.S. Air National Guard photo by Tech. Sgt. Jessica Condit)





had the opportunity to do so with the new project being created. They also hoped to bring back a family atmosphere for the Airmen and their families.

“Hopefully this will help them see the importance of what they do when they come into work or walk out to the flight line,” said Winston. “We still want to work on getting collages and current pictures of these Airmen so two or three years from now, they can say ‘oh I remember doing that, I remember that person,’ and it will be relevant to them as well.”

Full from end to end with photos, Laughlin and Winston sat in their office for hours sorting through old boxes of negatives and prints that could be used to add to the heritage display. After selecting photos, they went through the tedious task of hanging selected photos and identifying people and places long since gone. Winston expressed how interesting and unique

it was to see history connect as she dug further and further into the group’s past.

Future plans include extensions of the heritage assemblage that focus on the Arkansas Air National Guard in museums such as the Jacksonville Museum of Military History and the Arkansas National Guard history museum at Camp Robinson. Laughlin explained the importance of displaying the Air Guard’s history in the predominantly Army and Marine Corps museums.

“As we leave this unit, my hope is that we will be able to pass the torch onto a new group of people who will continue to work on this project,” said Laughlin. “This new generation, they cannot fathom the idea how much different this whole wing used to be. The more each generation sees of the past, the easier it will be for them to keep it going.”



Staff Sgt. Andrew Diel, a 189th Maintenance Squadron electrician stands next to his favorite item in the maintenance heritage collection. The flag displayed was rescued by a member of the wing during operations supporting Hurricane Katrina. (U.S. Air National Guard photo by Tech. Sgt. Jessica Condit)



AFSFC begins delivery of new Air Force-wide handgun

By Vicki Stein
Air Force Installation and Mission Support Center

JOINT BASE SAN ANTONIO-LACKLAND, Texas -- The Air Force Security Forces Center, in partnership with the Air Force Small Arms Program Office, has begun fielding the new M18 Modular Handgun System to Security Forces units as part of the Reconstitute Defender Initiative and its effort to modernize weapon systems and increase warfighter lethality.

The M18 replaces the M9, which has been in use for more than 30 years. This new weapons system is also projected to replace the M11 used by the Air Force Office of Special Investigations and the M15 used for Military Working Dog training.

The modular design of the M18 provides improved ergonomics, target acquisition, reliability, and durability to increase shooter lethality.

A key benefit of the M18 is that it can be customized to individual shooters with small, medium or large handgrips.

“This is going to help shooters with smaller hands. It also has a much smoother trigger pull, leading to a more accurate, lethal shooter,” said Staff Sgt. Richard Maner, NCOIC of the Armory at the 37th Training Support Squadron at JBSA-Lackland, who had an opportunity to test the weapon. “The M18 is a smaller platform weapon, but it gives the shooter more capabilities over the bulkier, larger M9 pistol.”

“The M18 is a leap forward in the right direction for modernizing such a critical piece of personal defense and feels great in the hand. It reinforces the muscle memory instilled through consistent shooting.”

AIR FORCE NEW M18 MODULAR HANDGUN SYSTEM



THAT WAS THEN.....



THIS IS NOW.....

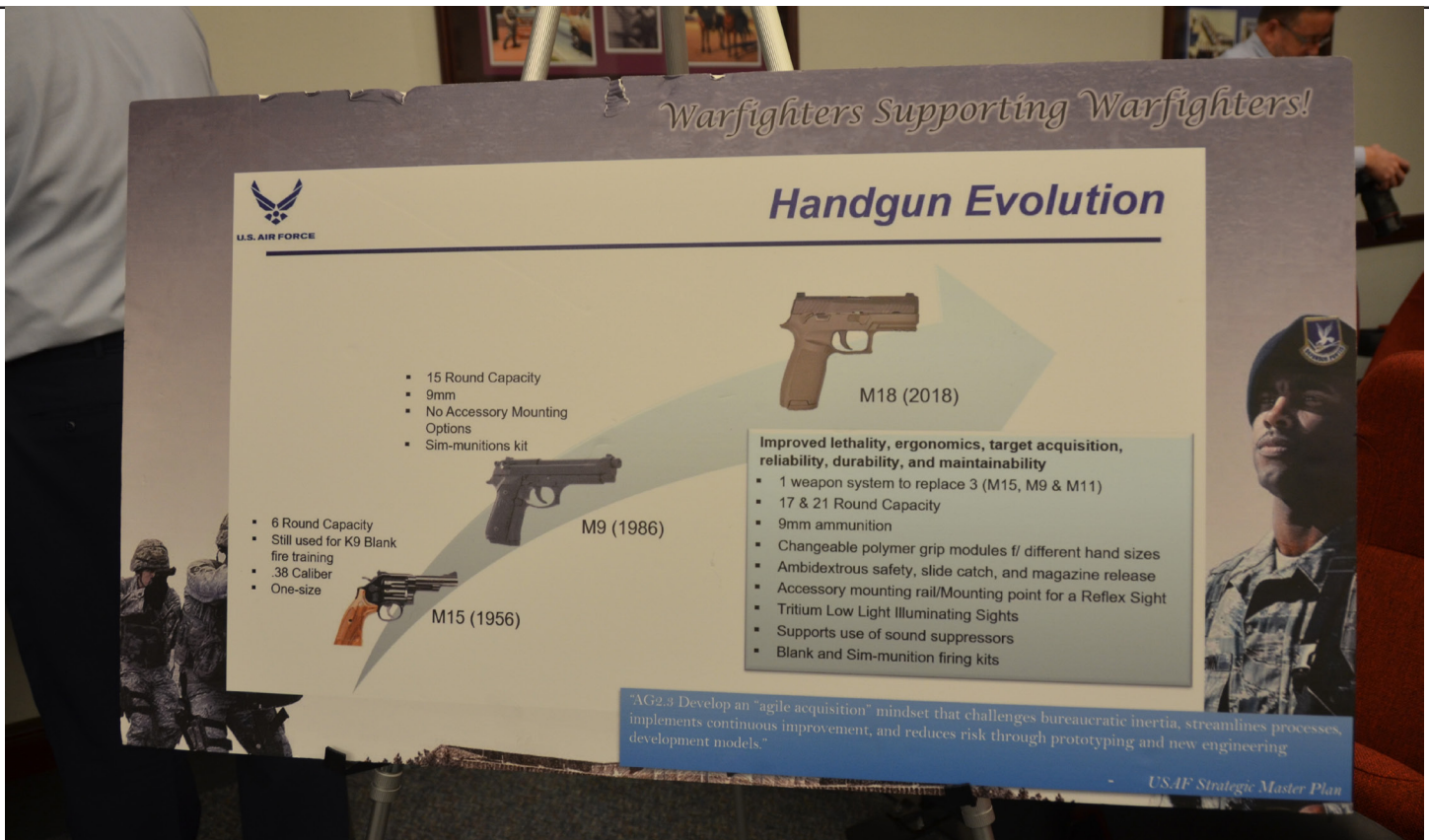
M9 (9mm)

- Bulkier, larger
- Long Trigger Draw
- Double and Single Action
- Heavy Trigger Pull - Double Action - 9.6 to 16.5 lbs;
- Single Action - 4.1 to 6.5 lbs
- Weight disbursement spread unevenly due to metal design
- Ambidextrous Safety located on the slide: Safety on is down,
- Safety off is up
- Grip: one size for all
- M9 has no blank firing kit; MWD: must use M15

M18 – VERSATILE, TAILORABLE, LETHAL

- Improved ergonomics, target acquisition, reliability, and durability leading to increased shooter lethality
- Single model handgun simplifies procurement, sustainment, and reduces support equipment cost while ensuring commonality with other services
- Trigger Pull – Striker Fired 4.5 lbf @ 1/2 pressure
- Consistent each shot
- Weight Distribution profile: M18 = (due to polymer grip modules) weight empty is in the slide, above shooters hands, loaded is balanced between magazine and slide
- Ambidextrous Safety located in the grip: Safety on is up, safety off is down
- Safety; ambidextrous but also has ambidextrous slide catch/release
- Slide catch/release: Ambidextrous
- Grip: three sizes – small, medium, large diameter
- Blank firing kits being developed for MWD gunfire training
- SIMUNITION kits being developed for Force on Force training
- Suppression kits will be developed for special mission requirements
- Comes with standard and extended capacity magazines
- Accessory rail for mounting accessories such as weapon lights.
- New holster

There are many differences between the M9, the Air Force’s current handgun, and the new M18. The Air Force Security Forces Center, in partnership with the Air Force Small Arms Program Office, has begun fielding the new M18 Modular Handgun System to Security Forces units. (U.S. Air Force graphic by Vicki Stein/Released)



Poster displays differences between the M9, the Air Force's current handgun, and the M18. The Air Force Security Forces Center, in partnership with the Air Force Small Arms Program Office, has begun fielding the new M18 Modular Handgun System to Security Forces units. (U.S. Air Force photo by Vicki Stein/Released)

said Master Sgt. Casey Ouellette, 341st Military Working Dog Flight Chief JBSA-Lackland. "It's more accurate and, with a great set of night sights and with their high profile, follow-up shots have become easier than ever before."



The Air Force Security Forces Center, in partnership with the Air Force Small Arms Program Office, has begun fielding the new M18 Modular Handgun System to Security Forces units. (U.S. Air Force photo by Vicki Stein/Released)

So far, more than 2,000 M18s have been delivered to Joint Base Andrews, the Air Force Gunsmith Shop, Air Education and Training Command Combat Arms Apprentice Course at JBSA-Lackland, two Regional Training Centers (Guam and Ft. Bliss), Malmstrom AFB and F.E. Warren AFB. All Security Forces units are expected to have their full authorization of M18s by 2020 with the remainder of the Air Force to follow.

"Once all Security Forces units have been supplied the new weapon, we will supply special warfare Airmen, Guardian Angel/PJ communities, OSI and other high-level users," said Master Sgt. Shaun Ferguson, AFSFC Small Arms and Light Weapons Requirements Program Manager. "Aircrew communities and other installation personnel will be issued the handgun as well based on requirements."

According to Master Sgt. Jeremy Covington, the 189th Security Forces superintendent, the 189th Security Forces Squadron is expected to transition to the M18 later this year.



Mustache March, an Air Force Tradition

By Tech. Sgt. Christopher Ruano
52nd Fighter Wing Public Affairs

SPANGDAHLEM AIR BASE, Germany -- We always hear our U.S. Air Force heritage is an important part of every Airman's life. I mean where would we be today without the Airmen before us? Yeah, probably stuck on the ground with the Army and that's no fun.

Sure, all the other services are a little older than us and have their traditions, but the one tradition I feel trumps them all is what we call: Mustache March!

Where did the Air Force's Mustache March come from you may ask? Well I'll tell you.

Once upon a time, there was a legendary triple-ace named Brig. Gen. Robins Olds. Olds found himself serving in the Vietnam War, where he grew his legendary mustache that pushed past the boundaries of regulations. This grandiose mustache was even rumored to be "bulletproof." Fellow Airman cherished Olds' mustache and this sowed the seed that grew Mustache March into what it is today.

Let's all take a moment now and thank Olds, say it loud and proud. Thank you Brig. Gen. Robins Olds.

Now that's out of the way, let's take a look at the proper way to wear a mustache. Because unlike Olds, we cannot be out of the regulation. The number one place to find the regs on dress and appearance is Air Force Instruction 36-2903, Dress and Personal Appearance of Air Force Personnel (which is probably ingrained in all our heads by now).

"Mustaches, if worn, will not extend downward beyond the lip line of the upper lip or extend sideways beyond a vertical line drawn upward from both corners of the mouth," states AFI 36-2903. AFI 36-2903, Paragraph 3.1.2.2 are where standards are detailed about mustaches.

"The military uniform is more than just clothes," said U.S. Air Force Master Sgt. Garrett Toomas, a 52nd Fighter Wing first Sergeant. "It is the public symbol of the nation's defense forces. The manner in which you wear the uniform reflects upon the entire U.S. Air Force in the public's eye. The key elements are neatness,



Brig. Gen. Robin Olds and his "bulletproof" mustache. (Courtesy Photo)

cleanliness, safety, and military image."

That means no western movie style mustaches where it curls all around your face. Just make sure you heed the standard, or you might find a high-ranking individual in your face stating something is not right. No one wants that. Oh, and as far as beards go, only in certain circumstances can one be grown.

"Beards are not worn except when authorized by a commander, on the advice of a medical official, for health reasons," states AFI 36-2903. "If authorized by the commander, members must keep facial hair trimmed not to exceed .25 inches in length. If granted a shaving waiver, members will not shave any facial hair. Commanders and supervisors will monitor treatment progress to control shaving waivers."

Last word of advice. Mustaches have this ability to repel women and have a tendency to be the point of jokes in the office. I must tell you to be strong and grow your mustache proudly.

Flaunt it like you would a new pair of shoes! And always complement others on their mustache because they know the hardships of a mustache. At the end of the day, your mustache will always be there for you.

At least until April 1...



Cyber operations instructors teach a new kind of schoolhouse

By Tech. Sgt. Jessica Condit
189th Airlift Wing Public Affairs

The 189th Operations Group, detachment one branched out of their normal class environment at the wing Feb. 26, to instruct a different kind of student. The cyber operators instructed more than 60 students from Jacksonville High School on computer science with an emphasis in security level two. The program was designed to teach basic computer science skills, basic programming and foundational security concepts. Sam Grubbs, a cybersecurity education specialist and teacher at the school hosted the courses for the students, whose grades ranged from 9th - 12th grade.



Top: 2nd Lt. Thomas Van Dorple, the 189th Operations Group Detachment 1 cyber operations flight commander, discusses a step in the computer science learning course with Stephen O'Rand and Chris Wright, Feb. 26, 2019, during a computer science class at Jacksonville High School, Jacksonville, Ark. The course was hosted by Mr. Sam Grubb, a cybersecurity education specialist and teacher at the high school who built the course to teach basic computer science skills with a foundation on security concepts. **Bottom:** Master Sgt. Leslie Coffman, a 189th Operations Group, Detachment 1 cyber operator, explains instructions to Khaliel, a student at Jacksonville High School Feb. 26, 2019, in Jacksonville, Ark. Two cyber operators from the wing volunteered to teach three separate classes focused around cybersecurity and computer science. (U.S. Air National Guard photos by Tech. Sgt. Jessica Condit)



Warlord work project revitalizes training grounds

By Senior Airman Kayla Edwards
189th Airlift Wing Public Affairs

The 189th Civil Engineering Squadron works hard to maintain the buildings and structures on the Guard campus. Typically, the Airmen assigned to the 189th CES focus on repairs, maintenance, installations, and improvement projects to ensure the longevity of the wing’s assets. However, when the 19th CES reached out to request some additional skilled hands for a major project to renovate structures and clear nuisance foliage at Camp Warlord, the 189th CES accepted the task.

1st Lt. Brandon Teel, 189th deputy base civil engineer, explained the importance of the project and

how the 189th CES came to support the base effort to revitalize Camp Warlord.

“This project was a top priority for the [19th CES] but they needed some additional support to get it completed within the timeframe that they had been given,” Teel said.

Renovating Camp Warlord, Little Rock Air Force Base’s austere simulated deployed training environment, is part of a larger Air Force mission to revitalize readiness training and ensure Airmen are prepared for deployments. Over the past several years, the training area has not seen much use or upkeep, which has led to deterioration of some facilities and necessitated an overhaul.

Master Sgt. Tyler Peterson, 19th CES water fuel systems maintenance noncommissioned officer in charge, outlined the plan for project completion and noted that the 189th CE would be providing the bulk of the labor hours for it.

“When everything is done, all of the cabins will have new metal roofs as well as cleaned and repainted interiors. Updates will be made to the quality-of-life standards in the bath houses and there will be a real world medical staging area, as well as a Wing Inspection Team staging area,” Peterson explained.

Sergeant Peterson also talked about the contributions that the Airmen from the 189th CES were making to the project. Although the project was initiated through the 19th CES, it was immediately clear that they could use some help to meet their goals.

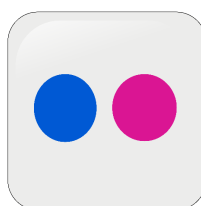
“We’ve estimated 3500 labor hours for the Camp



Staff Sgt. Shannon Williams, 189th CES operations manager, replaces ceiling tiles in a building at Camp Warlord during a renovation project on February 28, 2019.

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Warlord project to completely restore it for usage, in addition to the new capabilities that we are adding. The 189th is providing approximately 2500 of those labor hours,” said Peterson.

After a series of meetings and planning sessions, the work flow for the project was determined and the teams assembled to make it all happen.

Part of the project also includes clearing brush and nuisance foliage that has grown up around the property to provide a better training area for security forces personnel to practice anti-terrorism and force protection measures. Additionally, the plan also includes adding a single pallet expeditionary kitchen pad to allow a services flight to train using a field kitchen, as they would in a deployed environment.

“This project is meant to serve the entire base,” said 1st Lt. Colin Biery, 19th CES engineer. “Once this is all complete, it will be available for any of our Team Little Rock partners to use for training.”

Not only does the Camp Warlord project provide a much needed renovation to the base’s deployment training grounds, it also gives the Airmen the 189th

CES the opportunity to learn new construction skills.

“This is one of the great things about being in the Guard,” Teel explained. “We get experience doing all aspects of construction on a project like this. We’re jacks-of-all-trades in that aspect.”

As the 189th CE Airmen work toward achieving the TLR goal, they will also be gaining construction experience that they can apply to their upcoming deployment. About 65 percent of the 189th CE Airmen assigned to the Warlord renovation have been tapped for deployment this fiscal year.

“Gaining the knowledge and skills here to do multiple tasks helps prepare our Airmen for what they may need in a deployed environment and even in future missions that we may be tasked with completing,” said Senior Master Sgt. Bill Catton, 189th CES emergency management superintendent.

Beyond the initial renovation project, the base is also planning to expand the grounds of Camp Warlord, adding new roads and training areas to create a better simulated training environment, Biery explained.



Two Airmen from the 19th Civil Engineering Squadron use jackhammers to break a concrete slab at Camp Warlord at Little Rock Air Force Base, Ark. on February 26, 2019. Airmen from the 189th and 19th CES are working collectively to revitalize the base’s deployment readiness training area. (U.S. Air National Guard photos by Senior Airman Kayla K. Edwards)



MSgt. David Foret and Senior Master Sgt. Kevin Bright, both assigned to the 189th Civil Engineering Squadron, drill holes into metal roofing to prepare it for installation at Little Rock Air Force Base, Ark. on February 26, 2019. The 189th and 19th CES are working together to revitalize the base’s deployment readiness training grounds.



Chiefs' Council Coin Presentation: Staff Sgt. Eli McCrae



SSgt Eli McCrae from Detachment 1 of the 189 Airlift Wing Operations Group was presented the Chiefs' Council Coin by CMSgt Nina Reiss and fellow council members. SSgt McCrae is a DSG who was recognized for selflessly building a block of instruction for the Python programming language from home for use in the 189 OG, Det 1's Cyber Skills Validation Course. Python is a high-level general-purpose programming language that can be used for developing complex scientific and numeric applications. SSgt McCrae also volunteers to write cyber security capture the flag (CTF) events which are designed to challenge its participants to solve computer security problems and/or capture and defend computer systems. CTF's are extremely important for cyber operators to strengthen their cyber skills.



Warrior of the Month:

Tech. Sgt. Breeanna Smith



Rank/Name: TSgt Breeanna Smith
Unit: 189th Force Support Squadron
Guard Status: Fulltime
Civilian Job: NA
Position: HRO Remote
Hometown: Jacksonville, AR
Time on Station: 6 years
Time in Service: 6 years
Goals: To receive my degree in psychology and open my own counseling office

Hobbies: Writing, working out and spending time with my daughter
Core Value Portrayed: Excellence. TSgt Smith goes above and beyond as the HRO remote for the 189th Airlift Wing. Her former experience working in the Human Resources office have provided avenues to streamline processes and provide efficient use of time when processing actions. -SMSgt Shaundara Powell



STAR WARS

PUZZLE CONTEST

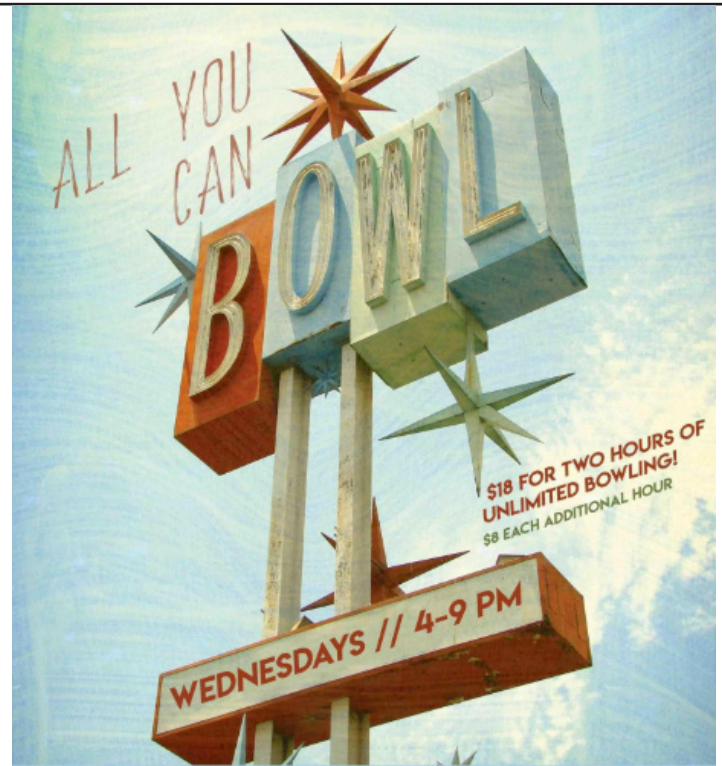
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To Senior Master Sergeant

SMSgt Misty McClean, 189th MDG
SMSgt Aaron Huffmaster, 189th MXG



To Master Sergeant

MSgt Jason Bobo, 154th TRS
MSgt James Holcomb, 189th OG
MSgt David Rogers, 189th AMXS
MSgt Mark Warren, 189th OG



To Technical Sergeant

TSgt Vicki Wray, HQ ANG



To Staff Sergeant

SSgt William Green, 189th AMXS



To Senior Airman

SrA Katherine Booth, 154th TRS
SrA Logan Stephenson, 189th SFS

Congratulations promotees and PME graduates on reaching the next level in the Air National Guard. Your dedication and service to the Arkansas Air National Guard did not go unnoticed! Keep up the good work!